

How Do Kids Learn to Dance?

Description

My dance skills can be likened to what youâ€™d see if you filled a burlap sack full of angry cats. Like this one, times tenâ€™.



Do it, see what happens.

How Do Kids Learn to Dance?

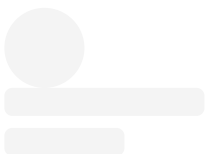
Itâ€™s ugly.

Actually, I found an old college photo of me “dancing” with a friend.



Yes, I had a goatee. No, there is nothing sexual about this picture. Yes, drinking was involved (see beer in hand).

Anyway, I’m sure I made my point; I suck at dancing. Sorry, Kelley. I was getting worried that Avery would fall down the same rabbit hole and be stuck with Daddy’s lack of moves, but she’s already better than me. Even a few months ago when she got down with Jay-Z.



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Donâ€™t worry, I was dancing like in the previous photo.

That little stand in one spot and squat move is about all Iâ€™ve showed her for dancing, and really it was meant more for the actually squatting exercise. But hey, no matter if youâ€™re good or not, dancing is a great form of exercise!

Lately, Avery has branched from just standing in one spot. Iâ€™m not sure if itâ€™s just the â€œpeckingâ€• order of getting older, but both Kelley and I have never showed how to dance like a chicken.



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Sadly, thatâ€™s better than what I could do. And she even adds a little twist to her dancing. Again, no clue where it came from, but always fun to watch.



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Not kidding, sheâ€™ll press the buttons on that cat to make it play music over and overâ€¦and over again all day just so she can dance. She takes it seriously too, thereâ€™s no messing around when itâ€™s dance time! Unless itâ€™s to bust a move, that is.



All I know is that seeing her dance every day is a huge help to keep things light around here. I try not to talk about it too much, even though I have, but this whole [staph infection](#) thing is seriously limiting things I normally do. Just sitting down to read books to Avery is a pain in the assâ€¦not kidding.

I still exercise and go on several walks daily because, stubborn, but I know Iâ€™m not performing my best. That and I can tell it affects my mood if Iâ€™m not mindful enough. Do you ever get that way about something? Whether itâ€™s physical or mental, you let it show through in your attitude?

Weâ€™re probably all guilty of it, but hopefully I can come to terms and better manage this since I still have a while for everything to heal. That said, Iâ€™ll end the post here today. Hoping for an enjoyable Memorial Day weekend with Going Mom and Avery. We donâ€™t have a lot planned, just hopefully catching up on some Walking Dead episodes and then going over to Kelleyâ€™s parents to have her dad take pictures of Avery.

He has a nice studio setup and always enjoys having such a lovely subject to photograph. The subject, on the other hand, isnâ€™t always the most cooperativeâ€¦..



Have a great weekend and Memorial Day!

Any plans for the long weekend?

Ever let your mood get the best of you at the expense of those around you?

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