

## How NOT To Hold A Toddler

### Description

There are many ways on how to hold a toddler, and they shouldn't be that hard. But, as my [Uncle Preston](#) will show you, there are ways on how *NOT* to hold a toddler as well.

Even [before I was a walking, talking blabbering, and crazy toddler](#), my Uncle P just didn't quite "get it" when it came to holding me as baby.



Another example...



Okay, maybe when sitting down itâ€™s not soooo bad, but still, heâ€™s a little awkward about the whole thing. Iâ€™m your niece, your blood relative, just hold me normal! Seriously, as I have aged, Iâ€™ve been pushed to hold and chew on things from the stress he gives me when being held.



Think I like chewing on purple rubber wands that flash lights? Well yes, yes I do, but thatâ€™s besides the point!

Recently, when we spent the night at G-Maâ€™s for the 4th of July (and Mommy and Daddy just wouldnâ€™t go to sleep!), I had the luxury torture of Uncle Pâ€™s awkward embrace.



Please, sense my sarcasm. I tried to hold it in, but my true feelings quickly appeared with my facial expression.



When holding a baby, maybe you can get away with this arm under butt facing out hold, but not now. Actually, how about never? Capeesh? Mark this down, toddler-holding-newbs, donâ€™t do this!

From there, you might think lifting your curled arm up more into a cradle position is better. Cue the Jeopardy buzzer because YOUâ€™RE WRONG!



This is partly my fault for being misleading with a slight, albeit forced, smile. But really I just liked grabbing his watch. So, again, put this holding position on your DO NOT DO list. Unless it's a cat, that would be funny.

And whatever you try, NEVER try holding a toddler like they are a baby that needs to burp.



At this stage in life, we are perfectly capable of burping for ourselves, and farting too. I tend to enjoy a good fart and laugh at them quite often. As for diapers, please continue changing and cleaning me for now. Thank you.

Lucky for me, Daddy couldn't stand to watch as Uncle Preston practiced his crappy holding skills on me, so he stepped in for a little toddler-holding tutorial.



Notice my head staring in fear at Uncle Preston's hands. If you're ever wondering if you're doing it right, look for signs like this to know that you are NOT!

After the instruction, I was passed back to my far from confident Uncle for another try.



Fail! Obviously, I was ready to get out of his arms as he glanced at Daddy telling him he's still doing it wrong. He basically just changed arms and used the same position as the first one I showed! I'm smart, nothing gets by me!

The ways not to hold a toddler are numerous, but these are some of the most common ones we've had to endure. Hopefully, to those of you reading this How *Not* To tutorial, you'll find a better way before picking up a toddler near you.

Oh, and it's probably best to make sure you actually know the toddler, otherwise, things could be worse than just an annoyed kid in your arms.

**Do you have any family members who just can't quite "grasp" how to hold your baby/toddler/kid/hopefully not teenager?**

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