

Being Frugal During The Summer And Surviving The Heat

Description

The summer months can be hard to handle. Especially when you have a [young family](#). You want to make sure that everyone is comfortable and cool but with that, you are mindful of the cost. You don't want your bills to rise or to payout for expensive family trips out. However, as we are heading to summer, I thought I would share with you a few frugal ways you can survive the heat and enjoy the summer with your family.

Homemade popsicles

I think cold popsicles straight out of the freezer are always going to be a crowd pleaser. But what is great about them is you can easily make them yourself at home. Blending or juicing some fruit you have in the fridge. Things like strawberries and mangos always go down well. Adding a little water to the juice and then freezing in molds. You know exactly what is in them so they are healthy as well as frugal. What it costs for you to make a match I could easily see you saving a fair bit, than just buying them.

Keeping the kids occupied without the need for expensive day trips

With summer fast approaching, you may be starting to worry about the expensive of having the children off school for their summer break. How ill you keep them occupied for those days and weeks. Sure the first week is always the easiest, but children can get bored and you can start to worry about the amount of time they are spending on technology or watching TV. This is when you may feel tempted to splash out on big family days out, sure budget for some, but it doesn't mean your whole summer has to bankrupt you. Websites like <https://fitnessbythesea.com/101-summer-activities-for-kids> are full of fun ways to spend time with the children. Activities for the garden, educational things they can do, it will help take some of the pressure off you.



[Image source](#)

Purchase a blow up swimming pool in the garden

Buying a blow up paddling pool or even one fit for adults can be bought quite cheaply in the right places. These can provide amazing relief on hot days and can be a lot of fun. Kids love being in the water and enjoying themselves in the sun. So it would be nice if you can let them do that while keeping them cool in the process. If you get one big enough for adults, then you can get in on the act as well. Why should the kids get all the fun?

Water fights

A fun way to cool the whole family down is to have a water fight and it can be a fun activity on a hot day. You could fill up balloons and launch them at one another, or use good old-fashioned water guns. Websites like <https://www.howcast.com/videos/217991-how-to-stage-a-water-balloon-fight/> are full of tips. You may even want to get out the garden hose and spray everyone down. Sprinklers in the garden are also good for things like this. It may provide you with a fun afternoon and an excellent opportunity to cool down in the process.

I hope these tips keep you enjoy family time this summer.

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