

biPro 100% Natural Whey Protein Isolate

Description

I [recently introduced whey protein](#) back into my diet by being very cautious of the quality of the ingredients. When [biPro](#) offered to send me a few samples to try, I did a quick search for ingredients on their site and saw enough to spark my interest.

[biPro 100% whey protein isolate](#)

A short list of ingredients is usually a great starting point. Whey protein isolate and sunflower lecithin in their unflavored protein is as short as theyâ€™ll come. Which makes a very clean supplement facts listâ€™.

Supplement Facts		
Serving Size 1 scoop (22g)		
Servings Per Container about 41		
	Amount Per Serving	% Daily Value
Calories	80	
Calories from Fat	0	
Total Fat	0 g	0%*
Total Carbohydrate	0 g	0%*
Sugars	0 g	†
Protein	20 g	40%*
Calcium	10 mg	2%
Sodium	170 mg	7%
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		
†Daily Value not established.		

For their flavored products (just chocolate and vanilla), natural flavors, cocoa (for chocolate), monk fruit, and stevia are all thatâ€™s added. Stevia is my preferred natural, no calorie, and tasty sweetener of choice, so when I see it in products, I assume some level of quality care is used in the creation.



This holds true for biPro, but I would prefer to see the whey come from grass-fed cows and the rest of the ingredients to be non-gmo to truly stand apart. This isnâ€™t a deal breaker, but would make me feel better about implementing biPro as a daily supplement.



Nevertheless, I found that their powder mixes easily in any liquid and tastes surprisingly good with such a short list of ingredients. Actually, I love vanilla, and their [French Vanilla](#) mixed just in water satisfied my sweet tooth. At first it was a little too much, but I just needed to add a little more water to dilute and it made a perfectly healthy and tasty pre/post workout drink.



Perfectly portable packet for a healthy drink on the go!

I used the chocolate to mix into overnight oats which turned out amazing and was a real treat mixed with Greek yogurt and strawberries for a healthy, muscle-building *œdessert*•. I didn't have enough to try, but can only imagine biPro Whey Protein Isolate would make a wonderful [Protein Microwave Cake](#) or even [Whole Grain Protein Beer Bread](#) if you use their [Unflavored Protein](#).

If you're looking for a high quality, naturally sweetened whey protein isolate that has no sugar, carbs, fat, or lactose, [biPro](#) is a good choice. While I wish it were non-gmo and the source of the whey was from grass-fed cows, I would still have it on occasion and offer it to others looking for a healthy whey protein supplement.

One thing that stands out about biPro is how they support giving back to our most precious assets; kids. They have fundraising options that anyone can take part of to raise funds for schools. To learn more on how you can discover a new *whey* to raise money and give nutritious protein to your kids' school, click here or on the picture below.



Disclaimer: biPro provided samples free of charge in exchange for my honest review. All opinions are strictly my own.

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