

Soft Star Shoes Child Rambler Review: Growing Happy Feet

Description

[Soft Star Shoes](#) have become a family favorite in the “Going” household. First, I became a [proud ambassador](#), then I reviewed their [RunAmoc Moc3™s](#), then they sent Avery the awesome pair of [Child Ramblers](#) that I’m reviewing today, and I have a review of their Dash RunAmoc shoes coming soon!

All of this, plus Going Mom just received the coolest [Mother’s Day gift](#) from the coolest husband ever; a pair of [Soft Star Shoes Solstice Sandals](#). So, yeah, we’re rockin’ the Soft Star life over here and our feet couldn’t be happier!

Soft Star Shoes has a neat [design-your-own](#) area for their adult and kids’ shoes, but I went with their Flamingo/Nutmeg color combo since my wife and I liked the colors and figured they’d go with more of the clothes Avery has.



Before they wear shoes, kids have a natural movement pattern and are able to move around freely. Giving feet freedom is important since the early years of a kids’ life is when their body is rapidly changing.

Shoes that allow freedom for feet to grow and develop naturally is of the utmost importance, and that’s exactly what Soft Star Shoes provides. Check out their [informative link](#) with healthy footwear tips and research-based info on why the right shoe is so important for your little one.

The Ramblers have a minimal design that allows feet the freedom to move around, are slip-resistant, handcrafted in the USA with high quality materials, and flexible without arch support that forces feet into a “molding”. How flexible, you ask? This flexible!



And their rubber soles allow for play on all types of surfaces, indoor or out, without the need to be concerned about slipping.



The ease of putting them on your child will depend on two big things; their age and the current weather. At Avery's age, she does everything she can to NOT help you get her dressed, and if it's hot/humid outside, that only makes it worse.

Thankfully, the elastic ankle closure on these makes it easier to get on and off than most other shoes we've tried. Once they're on, they stay snug but comfortable. She never complained about having them on, even for extended periods. I'd like to think it helps that she looks up to (literally) and wants to wear Soft Star Shoes like her Daddy.



The Ramblers fit her feet quite well with a little room to grow. When she is ready for bigger shoes, Soft Star has plenty of sizing options including [baby \(0-12 months\)](#), [child \(1-5 years\)](#), [youth \(5-12 years\)](#), and [adult \(12-150 years\)](#). The fact that she keeps them on while in her stroller on the way to the playground says a lot, trust me!



When playing, Avery can easily run around and even kick the soccer ball without issue.



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The shoes we tried before these would all be off in a minute, so it's obvious these are her favorite, even if she can't say it yet. Hey, actions speak louder than words, right? And she knows what shoes to grab when getting read to lift weights with daddy.



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She sure does make me proud! After wearing her Ramblers outside in the dirt, mulch, and grass, as well as inside our home, they still look brand new. No threads coming undone or huge scrapes, even after climbing up and down the concrete at the playground.

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She tripped on the cracks in those rocks more times than I can remember, but the shoes still stayed on and showed no signs of wear. We love Avery's™ Soft Star Shoes, and besides being difficult to put at first (you figure it out fast), these are the only shoes we use now. Avery seems happy to roam about to discover new things in her Ramblers, like how sticks taste.



Or just what in the world Daddy is trying to show her nowâ€¦.



The soft natural leather, non-toxic colors, and hardy but flexible soles make for an awesome shoe for kids or adults and will ensure happy feet stay happy.



A big thanks to Soft Star Shoes for sending our precious girl these lovely shoes. I can't recommend these shoes enough, and think their entire line has something for everyone. Check out [their site](#) and get your family's feet ready to play hard, play safe, and keep it natural this summer.

After you find your perfect pair, make sure to take plenty of pictures and enter their monthly [Fan Photo Contest](#) to win \$50 towards your next shoe purchase.

Now, excuse me while I test out my Dash RunAmocs with Avery.



Have you heard of Soft Star Shoes?

Do you have any of your own?

Try out their [Design-Your-Own](#) feature and let me know what style and colors you like best.

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