

My Happy Pillow: A Fun Way for Kids to Show Emotions

Description

A toddler's emotions are about as stable as nitroglycerin in a monster truck rally. I'm assuming we all have our days, but for kids, it's just routine. Lucky us, huh? If only we could get in our kid's mind to know how they're feeling when they can't or won't say it themselves.

Enter [My Happy Pillow!](#) They are a small, family-owned business making fun and adorable animal pillows with dual expressions. One side has the animals in their happy state, and the other has them mad/sad/bored/scared depending on which animal you have.

[my happy pillow](#)

The pillows allow kids (and adults) to express their feelings without saying a word. Your kids can show their feelings by revealing a certain side of the pillow and then we know if it's playtime or bedtime/cheer up time/hold close time/keep your distance time!

What makes My Happy Pillow extra special is that these pillows were created by a precious 6 year old girl who wanted a way to express her feelings. It's like getting inside information for what kids want from a *kid*! This was something I had to try with Avery, and was ecstatic when they agreed to send me one of their pillows for review. I even had a kind note from Wendy upon opening the package.



And then a not-so-kind [Sunny the Bear](#) showed his face.



I quickly flipped him over so we all could be happy though!



Phew! The stitching and fabric is all high quality and soft to touch. Both extremely important for a pillow and for kids who like to "test" the durability of their toys.



If you were wondering, Sunny passed the test. In order to show her acceptance, she brought him to her favorite chair for a big a hug!



and even let him sit there! Obviously, this made him happy.



Avery still hasn't caught on to using pillows when sleeping in her crib. Despite our efforts at putting him in there at night, he always ends up on the floor along with anything else we put in there. But when on her blanket pallet, she enjoys cuddling close to her bear pillow.



And, after taking too many pictures and testing her patience, I'd say she learned how to express her feelings without saying a word.



Loud and clear!

Since a lot of my time is spent in the kitchen dealing with food prep, Avery found a wonderful way to keep me company and stay comfortable on the hard floor. Pillows are great for more than just your head!



Of course, as I posted on [Instagram](#), Sunny makes a perfect pillow too.



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As you can see, weâ€™re enjoying our fun and emotional pillow over here, and Iâ€™d say itâ€™s worth picking up one (or several) for your family too. I think we all need a wordless way to show our feelings, so why not make it fun with a pillow?

My Happy Pillow currently has [Sunny the Bear](#) and [Zee the Monkey](#) for purchase, but have a panda, dog, lion, and giraffe you can pre-order now. Check them [out here](#). For a better look, hereâ€™s the graphic from their [About Us](#) page with all of the animals and story of how they got started.

[My Happy Pillow](#)

I have a feeling your kids will love these pillows just like Avery since one of their kind created them. Itâ€™s genius! We all like the pillow and Avery has it with her every day now. I canâ€™t find anything bad to say except that I really wish they would come out with a turtle pillow.

So, Isabella, if youâ€™re reading this, please please PLEASE make a turtle pillow! Iâ€™ll be your first customer!

Make sure to keep up to date with My Happy Pillow and like them on [Facebook](#) and follow on [Twitter](#) and [Instagram](#).

Which pillow do you think your kids could use the most?

What about you?

Any other animals youâ€™d like to see created by My Happy Pillow?

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