Welcome Back, Hunger and Happiness!

Description

After a weekend and a couple days of being ill, I am grateful to welcome hunger and happiness back into my life! No, not the book, never heard of it until I wrote the title to this post.

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And hey, Iâ€™m having dinner with the family now! Thatâ€™s beyond silver, itâ€™s a *platinum* lining!

I woke up Wednesday morning with an actual appetite and body that felt normal again. Geez, it wasnâ€™t that long, but sure did feel like for-ev-er. Bonus points if you get the reference. *Sandlot*, anyone?

Eating was not forced and I happily made a Nuttzo Banana Omelet for Avery and me to chow down on for breakfast.

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It was ~~good~~ freakinâ€™ delicious and so easy to make! A hit with daddy and daughter that will be repeated many times for sure!

You know that euphoric feeling you get after recovering from sickness or simply feeling down? Well, thatâ€™s how I felt yesterday and it seemed to rub off on Avery too. I took advantage of my rekindled energy and walked/jogged almost 2 miles with her to a nearby playground.

Getting ready to go down a slide!

Stocked with swings, slides, and a bigger area to run around than our small neighborhood playground, it was a nice change.

Where to first?

Still full of mulch that stuck all over her pants and socks after taking her shoes off, but she loved it. Or at least this makes me think soâ€¦

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Giggles and crazy legs everywhere! Iâ€™m sorry those up North are getting such a beating with snow on top of snow on top of more snow, but weâ€™re living it up here in Texas and making full use of the great outdoors!

Sorry about the snow, Northerners! Iâ€™m happy!

I was worried about having cryfest 2015 when it came time to take Avery back home since she usually hates leaving. But, after about 40 minutes of playing, she actually walked to her stroller and had no problem getting in and making the trip back. Phew!!

Hump Day was a great day to be back to my old self and just in time for what Kelley and I had planned for the night. G-Ma said she would watch Avery so we could go out for drinks for a few hours and have much needed together time. Drinking right after getting over being sick? Sure, why not?

We each had two beers on draft and shared another. The one we shared was a Texas seasonal from Shiner and it tasted very much like liquid cake. Probably why itâ€™s chocolate stout called Birthday Beer. We felt it was similar to Baileyâ€™s Irish Cream. Tasty, yes, but one too sweet to drink a full one alone.

The night was full of stouts, including the featured pint for Pint Night, Youngâ€™s Double Chocolate Stout, where you get to keep the glass. Win!

It was a nice glassâ€¦.

But, I left it there like I had something inhibiting my brain processing correctly. Loss!

We were worried I might not be ready to go, but I felt ready enough! Plus it was nice to get out with my beautiful wife, high-water jeans and all!

Thanks again to my mom/G-Ma for watching Avery. Sheâ€™s been a major help since Avery was born (actually, since I was born) and I love that Avery enjoys her company too. So much so, that she peed on the carpet after bath time upon our return home! #Toddlers

How do you normally celebrate getting over being sick?

Have you ever done something ill-advised (like drinking) right after recovery?

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