

Are You a Paranoid Parent?

Description

I am, at least when Avery is sleeping. Not super paranoid where Iâ€™m putting a foil hat on Avery to block the microwaves beaming down from space, but just mildly paranoid where I still wonâ€™t flush when sheâ€™s sleeping.

Just yesterday, while I was walking in the neighborhood with Avery sleeping in the carrier, our neighbor asked how I was doing and I didnâ€™t provide a response. I felt bad and tried to make a sleeping signal with my hand to my face, but not sure if I did it right. If youâ€™re reading this, sorry, Charlie!



Asleep in carrier and scared to make noise. But Iâ€™ll take a selfie!

I mentioned how I take extra caution when Avery is sleeping to make as little noise as possible in a [past post](#). Although, after that post, my mom told me she flushed the toilet anyway and Avery never woke up. Then Kelley told me she flushes too, so basically Iâ€™m the only one *not* flushing!

Have I since changed my ways? Nope! I still refuse to flush, but Iâ€™m a little less uptight about it. My mom (G-ma) spent the night last night since our home is closer to her work and because itâ€™s always great to see her. When she asked if she could take a shower at 5am when getting ready, I was hesitant at first, but finally agreed. But, I said, â€œNo flushing!!â€•

In my defense, her guest bathroom is right against Averyâ€™s nursery wall and it seems like soundproofing is simply nonexistent. Or maybe thatâ€™s my paranoiaâ€¦.hmmmm.

Avery usually ends up in our room in the middle of the night to feed anyway, so I didnâ€™t expect the shower to be a problem. Well, Avery slept all through the freakinâ€™ night in her crib! G-ma took her shower and Avery slept right through the whole thing. Geez, maybe I am really paranoid!

So, sorry, mom, for restricting you from using our facilities, I will allow full use from now on. As for me, I think Iâ€™ll still be paranoid for a while. Once Avery is eating solid foods, my paranoia will increase substantially! Any time she goes somewhere else where food will be offered, I will try my best to not let the wrong things get in her mouth. To give you an idea of my retentiveness on food, I avoid eating out as much as possible because I canâ€™t stand anyone else preparing my food. So I make all of my own meals when I can.



You said I canâ€™t eat what?!

Now, excuse me while I pee on the white next to the water so as to not make a loud splashy noise.

Are you a paranoid parent? If so, what is it that you are paranoid about?

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