

That Time I Realized She's Growing Up!..Fast!

Description

When did you first realize your kid was growing up? As first time parents, Going Mom and I never knew what to expect when the realization that our little girl was truly growing up hit us. But now, as she approaches her third year of life, it's hitting us like Joe Frazier's left hook to Muhammad Ali in ["The Fight of the Century"](#).

She went from a needy blob of cuteness, to fully functional tot in what seems like the blink of an eye. It felt like forever back then, but now here we are, trying to keep up with her full sentences (including plenty of back talk), constant questioning, and inability to sit still for even a second. No kidding, watching her eat at the dinner table has us stressed out and she falls off her chair several times each night.

This sudden "left hook" has made me rethink what I do each day. I always enjoyed blogging, but it was much easier when our little human couldn't talk or move that much. Now she's more mobile than most adults and full of requests to play with her.



Always choose play!

Before, blogging time was easy to find, but now, between cooking every day, cleaning, working out, and playing with her, there's not a lot of time left to blog.

When I do find time, I notice that I have lost much of the passion I used to have. I feel guilty knowing I could be doing something else for/with the family or simply reading a book. I miss reading books. Our daughter growing up has helped me to come to a simple conclusion, something's gotta give. Another stay-at-home dad who blogs as the Sunshine Dad speaks a lot on the same thing in his post, [I Was Wrong. Five Kids Is Tough](#). While I would like to correct "Are" to "Aren't", sorry Mike :), and I only have one kid, I share his feelings.

Social media has always interested me, and I plan on sharing plenty of our life experiences on [Facebook](#), [Twitter](#), and [Instagram](#), but full on blog posts will be drastically reduced. I'm always up for sharing a healthy recipe or reviewing healthy food/products, but will not seek them out as much as

before. Again, look for all of my favorites on my other social media pages.

Yes, I too feel as if I have some growing up to do, and this precious time with my beautiful wife and daughter means way more to me than blogging. I know I've spent too long trying to think of that next good topic to write about or how to spin a story, but for what? Nothing is as important as spending time with loved ones, so that's what I'm doing.



You might wonder why, then, I took the time to write this post to the few followers I have. Blogging has always helped me express my feelings, and letting it out there helps tremendously. I feel better after just writing the words above and will leave it at that. This is not the end, just a notice that I'm redirecting my focus on other things/people. Any posts will be short and geared more towards sharing things I've ready in the health and fitness world or just a funny [pun](#).

As a side note, I'd like to spend more time designing fun shirts with puns and pictures in [my store on Skreened; appropriately named Going Dad](#). And I'll leave you with a picture of my little girl and her Daddy (that's me) rocking my first creation I spent a while designing. If you like it, please feel free to order one for yourself and little ones too!



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