

Dealing With Special Events During Quarantine

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If they haven't already, you are probably going to encounter some special events during the COVID-19 pandemic. From birthdays to anniversaries and cultural celebrations. Adults understand that we are living through difficult times, so having a birthday in quarantine isn't too much of a disappointment. We accept that money is tight and getting out to the shops, planning celebrations or seeing our friends is out of the question. However, it can be challenging for our children even if it's a parents birthday or special occasion.

It's essential to help guide our children through this time and give them as much normality in a crisis situation as we are able. So keeping to traditions in our household is important. If you always do something special for mother's day, then you need to stick to the plan. If your child is used to birthday parties, it's time for some outside the box thinking.

If you are tight on budget, then getting creative with your children is a great place to start. Re-purposing items you already own and presenting them as gifts, will not only keep your kids busy, it will also give them pride. You could create your own [fathers day shirts](#) or bake a birthday cake with your children for their sibling. Young children love to give, but this doesn't have to be a vast, expensive gesture. Even collecting up flowers in the garden and creating a beautiful bouquet would work.

If you're worrying about birthday parties during quarantine, there are some great solutions to making the day special. You can send out invites to all the members of your household, including the cat or the dog. You could also send virtual invitations to friends and family, asking them to join your special party via a video call! Ask them all to dress up if there is a theme. What could be better than grandpa appearing on a TV screen dressed as a Disney princess or a wrestling character?

With the technology we have, it's easy to set up a karaoke night or a disco. So getting children in the party mood isn't hard. You could also [play games in the garden](#) or have a competition. It's worth considering what makes your child excited about birthday parties. Often it's the small things we don't think about. Like the party bags at the end of the night. So make sure you pay attention to all these elements.

Food is the center of every event. Whether it is an anniversary breakfast, a birthday cake or a [traditional day of celebration](#), get your kids involved in working out the menu and then helping you to prepare all the elements of your big meal. Make sure you create something unique and not just prepare a usual meal. Ask your children to lay out the table and let them choose where everyone is going to sit.

You can make events more memorable in quarantine and really help children to deal with this challenging time. Plus, you will have a great time too!

Date Created
2020/05/18