By the Time You Read This, Weâ€™ll Be Finished

Description

Itâ€™s the night before my first race with Avery and I should probably be sleeping. But instead, Iâ€™m sitting down in my running shorts while eating and writing this post.

Yep, my nightly big salad with a mix of kale, Brussels sprouts, salmon, broccoli, jicama, pumpkin seeds, and mustard and salsa for dressing. The perfect pre 5k meal! Hey, it worked for my 10k the other week.

So, ummm, yeah, like the title says, this will have posted 30 minutes after the start of the race and Iâ€™m fairly confident I will be done well before 30 minutes. Hopefully Avery is good and enjoys the ride!

Today is the eve of my 30th birthday, and my mom (G-ma) and her boyfriend, Paul, are meeting us at the race for a fun day together. We are going to a new restaurant called Brewed that serves local fare and then heading to a local brewery, Martin House Brewery.

Seems weird, huh? A guy who despises eating out and normally just shares a beer with his wife is doing this for his birthday? Well, it helps that Brewed serves local food and fair trade coffee and Iâ€™m still a fan of craft beer and will happily have a few of for a special occasion! Iâ€™ll probably skip on the food and just enjoy some good coffee; then head to the brewery for beer.

Hmmm, coffee then beer; Iâ€™m sure I wonâ€™t be going pee a lotâ€¦.NOT! Oh well, despite my aversion to restaurants, itâ€™ll be in good company and Iâ€™m sure weâ€™ll all have a great time. Of course, Avery will have the final say on that!

Who me? Iâ€™m always goodâ€¦.

I donâ€™t ever get to a â€œbuzzedâ€• feeling often since I hardly have much alcohol when I drink because I canâ€™t justify itâ€™s non-nutritive contribution to my body. Yep, Iâ€™m serious. But for my 30th, since Kelley is offering to hold off and drive home, maybe Iâ€™ll have *gasp* 2 or 3 beers! Hey, thatâ€™s a lot for this lightweight!

I donâ€™t want to be an alcoholic dad, and Iâ€™m perfectly fine with just sipping some good stuff every now and then. Enough with the drink talk though, Iâ€™m just thinking in the future at this point, so Iâ€™ll fill you in early next week.

For now, I should probably get some rest before our â€œbigâ€• race tomorrow. Iâ€™ll leave with one of my favorite pictures of Avery this week; her smile makes me grin every time and flushes away any stress I may have.

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There were about 10 carrots around here just a minute before this picture. She didnâ€™t eat them, but strategically hid them in various placesâ€¦.the floor, her lap, her diaper (seriously), and behind her.

Any special plans for the weekend?

Do you ever go places you usually donâ€™t enjoy but when youâ€™re with your loved ones itâ€™s okay?

Date Created
2014/06/07