

Bananas Donâ€™t Grow on Trees + More Fun Facts

Description

Avery has become a banana-loving toddler and she will throw a fit when thereâ€™s one in site and she doesnâ€™t get to make it disappear. Add [NuttZo](#) to the equation, and, well, telling her â€œNoâ€• is [not an option!](#)

With our daughterâ€™s current love for bananas, I figured Iâ€™d bring up an old post from my past foodie blog, [Just Add Cayenne](#), and share some fun facts about bananas you probably didnâ€™t know. I found them interesting before, and after reading (because we all forget), found them interesting again.

The following is taken directly from the post titled [15 Fun Facts for Friday: Bananas](#).

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We all know and love bananasâ€™right? Well, most of us do. In an attempt to make a quick, but interesting post, I wanted to share this list of [15 Facts You Probaly Didnâ€™t Know About Bananas](#).

Have a look; thatâ€™s scary to think a fungus could wipe out the whole banana population.

Today I found out...



15 Facts You Probably Didn't Know About BANANAS

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Check out our Banana Ripe-O-meter to see the various ripening stages of a Banana



Stage One: Bananas are freshly picked when they are still hard and green.



Bananas are naturally radioactive. This comes from the fact that they contain relatively high amounts of potassium. Specifically, they contain Potassium-40, which is a radioactive isotope of potassium.

#1

#2

Nearly all commercial banana plants (i.e the Cavendish) are perfect clones of one another and most originate from one single plant from Southeast Asia. This makes them extremely susceptible to being wiped out world wide in a very short amount of time.

#3

Before the Cavendish was the banana of choice commercially, the Gros Michel was king. Like the Cavendish, the Gros Michel were all perfect clones of one another and over a few decades in the early to mid 20th century they were almost completely wiped out globally by certain strains of fungus, a variety of which now also threaten the Cavendish. The Gros Michel was originally preferred over the Cavendish because it was larger, didn't go bad nearly as fast and was easier to transport. The taste was also generally preferred over the Cavendish.



B

A

Imagine, a world without bananas!..

No peanut butter and banana sandwiches or wraps. : (
No mashed banana to make [Low-fat Peanut Butter Bread](#). : (
No cool and creamy easy [banana ice cream](#). : (
No chocolate peanut butter banana smoothies. : O

And the list can go on and on!

I enjoy bananas, and from the other bloggers I read out there, you like them too. Here's a post I made a while back on [banana benefits](#) and how to enjoy them. Sometimes, I just unwrap a banana, mash several dry roasted almonds inside, and then proceed to eat. I'll do this when there's no peanut butter around or when I want a sweet, salty, and crunchy treat.

Q: How do you enjoy using bananas? If you don't like them, is it allergies or just plain repulsed by the green/yellow/black-spotted yellow fruit?

Now go get yourself a banana, a jar of NuttZo (or nut butter of choice) and enjoy your Friday!

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