

1st Week of NFL Football and I Don't Care

Description

The 2015 NFL Football season has arrived! This means it's time to gather round and sit in front of the TV to watch the big game, or a small one if you haven't upgraded to an 80" LED 2160p TV. ðŸ™,

Going Mom and I enjoy watching a good game, but we don't schedule our weekend (or a Thursday / Monday night) around it. For us, a new football season is exciting because of the changing weather and seasonal produce starting to sprout. We still care about football, but we don't care about all of the excitement from the 1st week of the season. I was involved with sports betting a few years ago, and hated how much it ruled my life, so no more betting or fantasy leagues for me. Although, a lot has changed in the betting world since I dabbled in it. For example, now that [sports betting tennessee](#) websites are up and running, this would make it a lot easier for me!

Every year, as the football season approaches, you can feel the excitement all around with stores stocking their aisles with "the essentials", new TV deals suddenly seem more abundant, and Fantasy Football drafts going on everywhere. And that's completely cool, but over the years, I've found that I've lost interest in football hubbub.

Yep, years ago we used to chime in with the excitement, but with each passing season, my wife and I shared the dying of the football flame. Like I said, we enjoy watching football, but most certainly can not sit through an entire game, and will only watch if doesn't get in the way of whatever else we're doing.

Take, for example, this past weekend with the first week of the NFL season, we totally forgot because we were focused on cooking, exercise, landscaping projects, and enjoy the outdoors. When we weren't pinned down by our crazy toddler that is.



Besides, we are more college football fans, and follow our Oklahoma Sooners more than any NFL team. We missed the game against Tennessee (see above reason), but got the highlights, and wow, sorry we didnâ€™t see it! Go Sooners! Although, Averyâ€™s reaction to Mommyâ€™s OU jersey

isnâ€™t very promising that sheâ€™ll be a fan of our alma mater.



I grew up with a step-dad who sat around watching TV a lot which didnâ€™t leave a good impression. Now, as a father myself, I donâ€™t want Avery to see me staring at a TV when we could be playing together as a family or just sitting and reading to her.

We actually turned on part of a game this weekend and Avery fell silent and just stared at the TV. Our fun, rambunctious little girl turned into a zombie locked in on the bright screen with no awareness of what was going on around her. That was the end of TV for the weekend.

Again, we donâ€™t hate football, and as I said already, enjoy watching a good game, but what Iâ€™m saying is that I donâ€™t care that itâ€™s the first week of the season. Probably wonâ€™t think much about the second week either. Iâ€™ll still root for the Cowboys (just checked and saw that was an [awesome win against the Giants](#)) since, by default, theyâ€™re our home team, and follow the Sooners a little more, but no matter the outcome, life will go on for us. I was involved with sports betting a few years ago, and hated how much it ruled my life, so more betting or fantasy leagues for me.

What did we do for the 1st week of the NFL season? Well, my wife planned out and started her next backyard landscaping project and I started a new strength routine along with cooking multiple meals including our local, pastured chicken from our CSA. Iâ€™m severely deficient with gardening and landscaping, so I helped in the form of manual labor. I see it as an extra workout, Kelley gets my help, itâ€™s a win-win!

In sum, I feel itâ€™s too easy to get wrapped up into the games as I have done in the past, and find it much more rewarding to keep away and be productive around the house. Then, once everythingâ€™s done, maybe we can sit down at night to catch the end of a good game.

Did you watch any football this weekend?

Excited about Monday Night Football tonight?

Do you like NFL or College better? Or, like me, donâ€™t get too wrapped up in either?

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