

Lifetime BPA Free Stainless Steel Castle Plate Review + Giveaway

Description

The type of plate they have plays a role in how well your kid eats. There are many reason for “picky eaters”, and a dull, uninspiring plate is one of them. We tried plain white plastic plates and solid colored plastic sectional plates. Both failed to impress, and made for anything but a cooperative toddler.



Eating should be seen as an enjoyable experience, and for kids, they need a fun surface to eat their food. Since we prefer to keep the use of plastics to a minimum, I was happy to have the opportunity to review this [Lifetime Stainless Steel Sectional Castle Plate](#) sold by [Fun.Bags on Amazon](#).



Right from the start, you can see even the packaging offers a creative style to get your kids excited about their new plate. The look, make, and quality are all impressive right out of the box.



The multiple sections are perfect to offer an array of healthy food groups to give your kids a fun way to eat a healthy serving of protein, fats, and carbohydrates.



A typical dinner for Avery includes eggs and chicken for a protein, avocado for fats, and plenty of veggies with some fruit for wholesome carbs.



Diced apples in the top left corner, chicken and eggs in the bottom left, avocado with egg yolk in the middle, steamed orange and yellow carrots in the top right, and steamed broccoli, zucchini, cauliflower, and purple potatoes in the bottom right. Now that's good eating!

Here are a few other serving suggestions.



Whatever you choose, kids are sure to enjoy eating from each section to reveal each shiny section. Make it a game they can “win” by creating a shiny castle.

We’ve been using the same one every day per Avery’s request. Who am I not to agree if she eats so well with the plate? The plates are stackable though, so maybe I should add a few more to our collection so I don’t have to keep rewashing the same one.



She has been eating from her [Lifetime Stainless Steel Castle Plate](#) for over 2 weeks straight and just keeps asking for it again and again. She loves eating from it no matter what, but when [she “helps” •prepare her own healthy meal](#), you can see the pride on her shining smiley face.



We have yet to find a bad thing to say about this plate. No plastics, high quality, plenty of sections for diversity of foods, and fun! If you are looking to add a fun plate for your kids to use, choose this one from Lifetime and have fun watching them *have fun* while hopefully eating better.

Speaking of fun, I have a couple things to offer you. First off, you can [order your own plate\(s\) right here on Amazon](#) and enter discount code **plateoff** at checkout to **save 10%** on your purchase.

But one lucky reader will have the chance to win their own plate. All you need to do to enter is follow the instructions below and patiently wait. The giveaway will end next Wednesday, May 18th 2016.

[a Rafflecopter giveaway](#)

Good Luck and hope your kids get to eat from this fun plate soon!

Disclaimer: I received the [Lifetime Stainless Steel Castle Plate](#) for free in exchange for my honest review. All words are 100% my own. This post contains affiliate links where I will earn a small commission if you make a purchase by clicking on them. So, please click and buy! ðŸ™,

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