

Our GoGo Squeez Applesauce Skeptic

Description

I used to laugh at those little portable pouches of squeezable fruit puree and never understood the point of having them. Then we received a [GoGo Squeez Applesauce](#) pouch as a party favor for our neighbors' 1 year old son's birthday party.

[applesauce, healthy, gogo squeeز](#)

Packaged food is highly scrutinized before I allow it in our home. IF it's a gift and if it doesn't pass, I politely (sometimes not so polite) decline. But the pouch gave me no reason to reject as it's certified organic and only has apples and apple juice concentrate as ingredients. I could've really picked at it since it's basically a lot of sugar with little fiber like you'd get from eating a whole apple, but I'm trying to pick my battles here.

Plus, the girl's crazy and runs rampant every day, she needs the carbs! That said, I opted to give Avery the pouch to see how she liked it. Here's what I think went on in her head as I offered this strange, non-bottle for her to eat...or is it drink? Slurp? Ahhh, whatever!



Okay, I see he's holding something and it's getting closer to my face, but I'm not sure what to do about it. Is it a bottle? Do I eat the whole thing?



Looks like Iâ€™m supposed to get whatever it is from that white spout. Seriously wish I knew more about what Dad puts in my face. And why does he always give me [green things](#)?!



Well, here goes nothing, no turning back now.



Weird. Itâ€™s definitely NOT milk or liquid that Iâ€™ve ever tried! But, I think I like it.



This feels very strange in my mouth, like someone already chewed my food for me. More!!



Good, he got my message through telepathy. More pre-chewed goodness coming my way!



Mmmmm, if only I knew how to hold things for myself. Meh, Dad is my servant and Iâ€™ll make sure to â€œmilkâ€• it as long as possible.

I love the last photo with her beautiful blue eyes! I wouldnâ€™t say Iâ€™d go out of my way to buy more of these, but it is nice to know sheâ€™s accepting of them. Just in case weâ€™re out and about and I forgot to bring my own homemade goodness along.

Do you give your kids squeeze pouch foods or have you before?

Any favorite flavors/brands?

Iâ€™ve seen the [reusable pouches](#) where you make your own puree, maybe Iâ€™ll try that sometime.

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