

7 Outdoor Activities to do as a Family

Description



Spending time together as a family is so important. In order to create those lifelong bonds and memories, you have to get out there and make those moments. However, finding suitable activities for everyone to enjoy can be difficult, especially if age differences get in the way. To overcome these issues, here are seven outdoor activities that everyone in the family will enjoy.

1. A Family Hike

Get on your sneakers and head out for a fun-filled family adventure. Family hikes are a great way to spend quality time together while also exploring the sights and beauty of nature. Research the trails near you and set a date to embark on a family hike together. It's important to [encourage your kids to get outside!](#)

Make sure to cover up in bug spray, bring water, and take a first aid kit with you. Adventure calls for safety! If you plan to stop for a home-packed lunch, make sure to pack up your food in an [insulated lunch bag](#) to keep things cool as you hike.

2. Family Picnic And Game Night

Start creating a list of board games that everyone in your family will enjoy. Once you've narrowed down some choices, set up a schedule to [make time for family time](#) with a routine game night at a park. Sit down at a picnic table and enjoy some friendly competition with the people you love.

Pro tip: Outdoor family game night is best spent over a barbeque, so get ready to grill and game!

3. Family Nature Walks

Find a trail nearby with plenty of natural scenery. Gather up your crew and head out for some [family bonding](#) with a family walk to collect interesting items found outdoors. Little kids might enjoy collecting pine cones or rocks, and older kids might like to collect flowers or leaves for their plant pressing kits. For the parents, look for the perfect walking stick to guide your family's stroll.



4. Geocaching As A Family

Download one of the many geocaching apps, locate your coordinates and head out on a treasure hunt! Make sure to bring a few items along with you to add to the treasure chest once you find it! Geocaching is an outdoor activity that is fun for all ages. All you need is a smartphone and a treasure-seeking spirit!

5. Watch The Stars

Find out when the best stargazing nights are where you live, and set up camp outdoors with the family to watch the stars. You might sit on the roof together or throw some [knit blankets](#) down on the flatbed to make stargazing more fun. Bring along some snacks, and don't forget your binoculars! You do not want to lose those binoculars outdoors, especially if you want to pass them around for others to see the stars, so pick up some [binocular straps](#) for people to wear around their neck to stop them from getting lost.

6. Sit Around A Campfire

Grab a firepit and gather around the campfire in your backyard. Bring some marshmallows and smores ingredients for even more family fun. Tell ghost stories, listen to dad play the guitar, or look out for fireflies as they zoom through the night sky. Make it a night to remember!

7. Play Some Basketball

Whether you have a basketball hoop at home or a favorite outdoor basketball court, take the family out on the weekend and play basketball together. Some fun family games include Horse, Scramble, and Keep Away! You don't even need to keep score to have a good time.

The Bottom Line

There are plenty of outdoor activities to enjoy doing together as a family. As long as everyone is having fun, the outdoor family adventures you choose are perfect! Consider the ideas above for inspiration, and most of all, think about the activities your family enjoys the most.

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