

Cloth Diapering: What You Need to Get Started

Description

Weâ€™ve been cloth diapering since Avery was born two years ago. Making the decision to use cloth instead of disposable diapers was a bit daunting at first (especially the cleaning part!), but it turned out to hardly be an issue.



Avery at 4 months helping me â€œorganizeâ€ clean diapers.

Other than the obvious reason that cloth diapers are less wasteful than disposables, they actually save money. Another big reason is that so many disposable diapers are full of chemicals that found to be toxic to humans but still allowed use in diapers; [at least in the U.S.](#) Since Iâ€™m just here to show you our cloth diaper setup, you can read all about cloth diapers vs disposables on the [Real Diaper Association site](#).

While I wonâ€™t claim that cloth diapering is enjoyable, far from, it is rewarding and poses many benefits to your wallet, babyâ€™s skin, and the world. That said, cleaning crap off of the diapers several times a day can really get to you. So, in full disclosure, I admit that we do use disposables every now and then. Not the ones full of chemicals, but eco-friendly diapers from [Honest Company](#) are our go-to choice.

Just had to get that out of the way.

Our Cloth Diaper Setup

We use all [BumGenius](#) cloth diapers with most being their [4.0 model](#) along with some [Elementals](#) and [Freetimes](#). These are pocket diapers that require inserts. We use the [BumGenius One Size inserts](#) and stuff them into each clean diaper so theyâ€™re ready to go. They are all nicely ~~placed~~ crammed into a drawer in Averyâ€™s room.



We never tried other brands, but we would if we could start over again. These work great, but now that Avery is older and so active/drinking and eating more, we have more leaks. The elastic can also wear out over time, but thatâ€™s probably a common issue in most cloth diapers.

For cleaning that precious bottom, we use [bumGenius Natural Flannel wipes](#) and a [homemade spray solution that Going Mom makes](#).



To deal with the messy diapers, you NEED a diaper sprayer! The [Bumkins Cloth Diaper sprayer](#) is what we use and it has served us well. It does leak a little after spraying, but not much, and installation is easy with included instructions. We used heavy duty 3M double-sided tape to mount it on the side of the toilet and itâ€™s been there ever since.



I also recommend the [Spray Pal](#) to avoid, ummmmmâ€™s splatters. It helps, trust me.



We use the [Dekor Diaper Pail](#) with the [Dekor Diaper Pail Liner](#) (of course) to store dirty diapers until it's time for a dirty diaper load of laundry. Just remove the diaper inserts and toss everything in. Make sure you get rid of most of the poop!!



The liners come in a 2 pack, so when we take one liner bag out, we simply replace it with the other.



To wash, we the turn the liner inside out to get all of the dirty diapers out and run everything, liner included, on a quick wash/rinse cycle with no soap. What you clean your diapers with is very important as to avoid skin rashes on your kid. Make sure itâ€™s natural and unscented. We have been using [Charlieâ€™s Liquid Soap](#) without issue and highly recommend it for all of your laundering.



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This is our basic setup that works for us. Some might have more of an elaborate setup and some may have less, itâ€™s all personal preference. Since weâ€™ve been at it for 2 years, I feel we have enough experience to share what we use in hopes it will help others interested in making the switch or just getting started.

Do you currently use cloth diapers?

Has this helped or deterred you from starting?

Date Created

2016/01/27