

Changing Amazon Mom to Amazon Family + WIAW #2

Description

Have you heard of the program Amazon Mom? If you're here in celebration of [What I Ate Wednesday](#) (WIAW), chances are you're a foodie. Annnnd, I suspect that many of you, foodies, parents, or anyone really, frequently order from Amazon. Am I right?

I realize there are a lot of moms out there that order from Amazon, maybe you're one of them reading this right now, but there are also plenty of guys, dads, that do the same. I'm one of them.

The name Amazon Mom feels like having dirt kicked in my face as a father, and that I'm worthless. I'm not alone in these feelings. In fact, Oren Miller, the man who recently passed away from cancer and I wrote a tribute post about [how he will live forever](#), put a call to action several years ago for this very thing.

Please, if you can, find the time to read his post about [Why You Should Sign the Amazon Mom Petition](#). Just yesterday, our Dad Bloggers community along with many helping hands (yes, moms too) lit up the social media world requesting Amazon to change their program from Amazon Mom to Amazon Family.



We are pushing for the long overdue change in honor of Oren and for all parents who give a damn out there. As Oren mentions in his post, the same program in the UK already goes by the name Amazon Family, so why not here in the U.S.? Sense made = ZERO!

Simply follow the hashtags [#Dads4Oren](#) and [#LoveWalkForOren](#) and you'll see how big of an impact he has had and still is having on our community. I never met him in person, but just seeing how caring and supportive he was as a friend, father, husband, and person, I want to help however I can.

Please, click the link below and help out by signing the petition. All parents should support this simple request which would give us all the dignity we deserve.

Jeff Bezos: Change the name of the Amazon Mom program to Amazon Family

On behalf of our Dad Bloggers group as well as parents everywhere, we thank you in advance for any support!

Okay, so now it's time for my second installment of WIAW. Big thanks to Jenn, recent mom to an adorable "chickpea" and fellow foodie who I hope supports the change on Amazon!

what I ate wednesday, WIAW

I don't eat much in the morning as I prefer to workout first and then chow down, so I start my day a cup gallon of coffee. Lately, it's been via my [homemade cold brew French Press method](#) which is so simple and very delicious!



But, I do have an adorable growing toddler to feed, and she's quite demanding of my microwave breads. I use pureed fruits and veggies along with coconut flour, oats, peanut flour, kamut flour, etc to make sure she's getting plenty of nutritious and delicious food. So far, she still begs for whatever I create that day, and it's only better when I smear some [NuttZo](#) on top.



I donâ€™t have to hold my hand out long beforeâ€¦â€¦



One for me, none for you, dad.

â€¦.she takes it and runs!

After my workout, lunch is a hodge podge of steamed veggies, [homemade beer bread](#), and slow-cooker salsa chicken with black beans.



On the side I enjoy having steamed broccoli sprinkled with nutritional yeast. Could eat this all day!



Avery keeps it simple and just has the chicken and black bean mix.



For dinner, I load up with more veggies in a salad topped with goat cheese, raw beets, onions, red peppers, and a can of wild salmon.



Afterward I'll have several slices of homemade peanut butter banana bread along with more NuttZo. Really love the stuff, and if you [order on their website](#) and use code **liley15**, you can get 15% off. If you ask me, that's an awesome deal! ðŸ™,



And thatâ€™s been a typical day for me this week. Hope youâ€™re having a good one so far, and please, help support all parents and push to have Amazon change their programâ€™s name!

How do you feel about so many businesses still using â€œMomâ€• or â€œMommyâ€• to describe spending time with kids and promote products?

As a father, this definitely gets to me more than it ever has, but Iâ€™m curious how mothers feel about it. Wouldnâ€™t you want your husband/boyfriend/partner/babyâ€™s daddy to be included too? At least most of you should, right?

[Brilliant blog posts on HonestMum.com](#)

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