

Five Photos, Five Stories Challenge (Day 5): Kisses for Baby

Description

So this guy, a divorced dad with a beautiful daughter and a Russian KGB hamster named Hammy, nominated me to take part in the Five Photos, Five Stories Challenge and I have accepted. Okay, he's actually my good blogger friend, [Gary Mathews](#), and he's full of witty sarcasm and lots of love for his precious girl. Check out his blog if you get the chance, he always has a great story to share about his day.

The Five Photos, Five Stories Challenge require you to **post a photo each day for five consecutive days and attach a story to the photo (It can be fiction or non-fiction, a poem or simply a short paragraph) and then nominate another blogger to carry on this challenge. Accepting the challenge is entirely up to the person nominated, it is not a command.** I have no clue on the origin of this thing, but hopefully you'll enjoy what I have to share.

I'm pretty sure this was taken the same day from yesterday's picture as we just passed our leopard-wrapped baby around for dozens of cuddles and kisses. What else do you do with them? Don't answer that, I know there's more you can do! I like watch them sleep.

This picture of me lightly kissing Avery's forehead was my avatar on this blog, Twitter, and Facebook for the longest time. I simply love looking at it because, proud dad, and just like the one with Kelley and Avery will be one I keep in my heart forever.



I hope you enjoyed my 5 photos and stories from this challenge. As planned, this last photo marks the beginning of another year for me as itâ€™s my 31st birthday. Yayâ€¦!

Can you sense my enthusiasm? Yeah, me either. But hey, I get to kick it off with a visit to the doctor for a [butt checkup](#) tomorrow! I know everyoneâ€™s on the edge of their seats waiting for an update, so Iâ€™ll let you know soon!

My last nominee for this challenge Daniel De Guia, owner of the site [Fit To Be Dad](#), which makes him an instant friend of mine from the title alone! I love meeting other health-minded dads and parents in general as too many kids are growing up not knowing a thing about fitness and nutrition. Head over to

his site for awesome tidbits on fitness, motivation, nutrition, and fatherhood. I personally like his post on the [Squat Every Day](#) program and it definitely motivates me to give it a go.

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