

Hiking and Beer With My Wife: #MySundayPhoto “ 06.14.15

Description

Last Monday, June 8th, was my 31st birthday, yay, but my wife and I celebrated the Saturday before. In the past, I’d get excited about celebrating by drinking beer and partying with friends. But now, I find enjoyment in other, more active forms of celebrating.

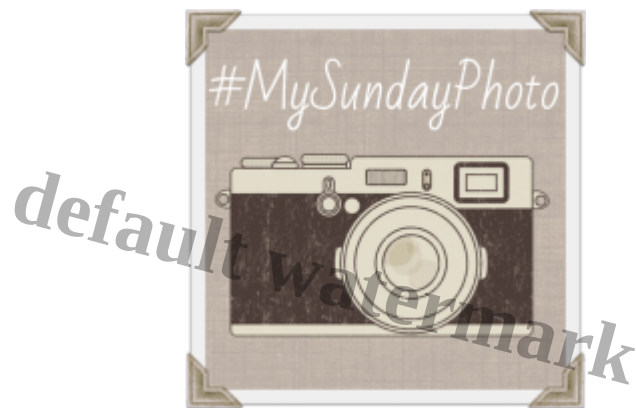
Today’s picture, as seen in my [birthday post](#), is from my Samsung Galaxy 3 (yes, old school at this point), but the quality come from the memory, not the pixels or megabytes. It’s of my wife, Kelley, and I standing in line at a local brewery under the hot Texas sun after a 5+ mile hike.



The hike, as we expected, was HOT! I tend to enjoy punishing my body in the heat, so it was a great way to celebrate the day. Iâ€™m forever grateful to Kelley, not such a fan of the heat, for joining me on the trek. We rewarded ourselves with refreshing craft beers from an awesome brewery (hence the line) called [Martin House](#). Itâ€™s the same place we went for both of our 30 year birthdays.

This last trip had me feeling a little woozy, as expected, but I really didnâ€™t enjoy that feeling. Maybe itâ€™s an age thing, but I much prefer having a coffee and getting a â€œbuzzâ€• from caffeine instead of alcohol. If itâ€™s after a hike, make that an iced black coffee. So next year, be on the lookout for a hot a sweaty 32 year old gulping down massive amounts of iced coffee! itâ€™s probably me! ðŸ™,

Whatâ€™s your favorite way to celebrate turning another year older?



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