

Our Visit to Mommy's™ Work and What to do Without a Swaddle

Description

Avery is 16 weeks old today! Where did those other weeks go? I know I am impatient wanting her to grow so we can play and interact more, but geez, time flies! All of those experienced parents telling us how fast time goes with your baby weren't kidding!

Today we made a trip to Kelley's™ work, [my old employer](#), just to see her and old co-workers. After her long morning nap and finishing a bottle, we were off to work. I mean Kelley's™ work. That's™ so fun to say; being a stay-at-home parent is world's™ better in my opinion!

Mommy greeted us at the entrance and I wore Avery in the Baby Bjorn until we were inside. Kelley couldn't wait to hold her baby and she immediately took her from me once we were in the main area. So, I was looking pretty cool with an empty Baby Bjorn dangling across my body. Not that I really cared, it was casual Friday!



Going Mom and Avery happy to be together!

Avery got to meet a lot of new people that mom works with and used to work with me too. They all took turns "oohhning" and "aaaahhning" while passing her around. Avery did much better than I expected with all of the new people and she was hardly fussy at all. Go Avery!

We spent about an hour making our rounds and visiting friends/co-workers until it was time for us let mommy get back to work. It was an overall good trip and I was happy to be able to bring her to Kelley since I know how much she misses our darling little girl.



It felt weird wearing this, but a good weirdâ€¦.

Before leaving the campus (itâ€™s a rather large area), I took Avery for a mile long walk around the dirt trails that surround the building. This loop is a walk Kelley and I would take together every day before having lunch, and it was nice to take Avery around.



Ahhh, outdoors!

She seemed pretty alert and interested in the new surroundings, but then fell asleep half-way through. I always hate waking her up to put her back in the car, but since I was in a Fire Lane, figured I shouldnâ€™t press my luck any longer. Oops!



Taking my time before putting her the car seat.

Up to this point, Avery was oddly calm and she just felt like a ticking time bomb for when her major fussy time would blow! Once home, Avery ate a little and showed signs of tiredness setting in. At this time of day, I am usually laying her in her crib for an afternoon nap, but CRAP, her Woombie was wet in the wash and there is no way she can sleep alone without it. Weâ€™ll work on that, but not yet.

I put Avery in the carrier and went for another walk with our dog, Abby, since Abby usually gets a walk anyway. I usually have luck getting Avery to sleep while walking, but she squirmed forever while trying to what seemed like climb my chest to get out of the carrier. Finally, she fell asleep as I was half-way through again. I sense a pattern hereâ€™. I tried to extend the walk while she slept, but she ended up waking anyway. Is 20 minutes a good nap?

Short answer, no. That time bomb went off not long after coming inside. I offered her more bottle and she finished it fairly easily, but continued to wail and fling her arms about. Still without a swaddle, I just held her close and tried swaying with her. 30 minutes later and her eyes were heavy but still open and she was still crying. Ugh.

At this point I was just desperate to get her to have a little nap before night time, so I brought her to the recliner. With my arms wrapped around her and my hands holding her arms from moving to her mouth (a human swaddle!), I rocked the screaming beauty to sleep. And this is what Kelley came home toâ€™.



Baby got cloth diaper back!!

Kelley washed up and came back to get Avery for a feeding. The nap was successful and held Avery over until laying her down to sleep tonight. Phew, what a day! Poor girl was exhausted!

Aside from the tiring day, I do have great news! I spoke with a nice person from [Onya](#) which makes great baby carriers and they agreed to send one to us to review and write about! I canâ€™t explain how happy I am and canâ€™t wait to wear Avery all around with it. Stay tuned for constant updates on where we travel in the [Onya Outback!](#)

**Have you ever had to make yourself a human swaddle to get your baby to sleep?
Do you or have you used a baby carrier? If so, what kind?**

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