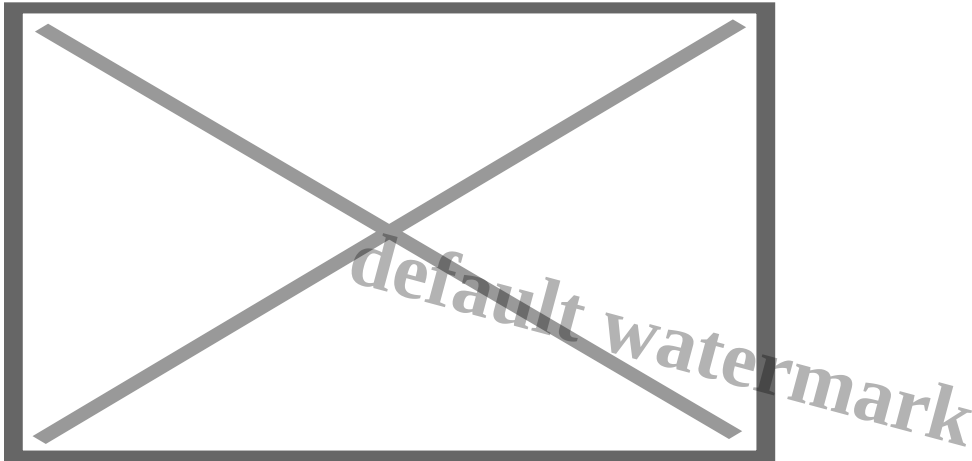


Baby Compliments at a Urinal

Description

Well hello and happy hump day! Lets hope it a good one so we can be just as excited about it as this guyâ€™.



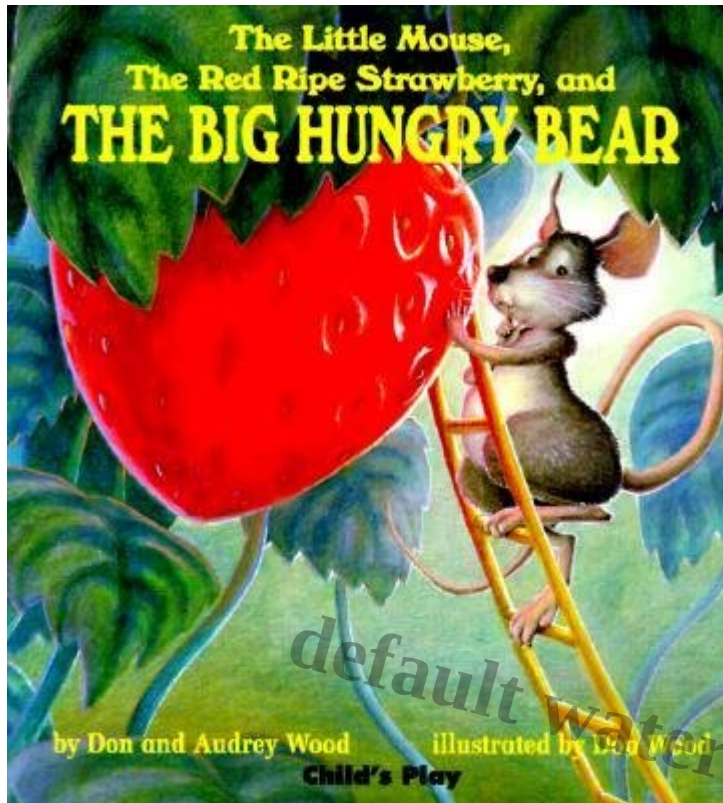
Iâ€™m happy to report I didnâ€™t spend Monday night on [the nursery floor](#) and Avery slept pretty well in her crib most of the night! Since Iâ€™m writing this before bed on a Tuesday, Iâ€™m not sure how sheâ€™ll be, but her naps were lacking and hopefully sheâ€™ll play catch-up now.

Avery has been staying up longer before going down for her first nap of the day which pushes everything out by an hour. This means more time to entertain her the best I can. By entertain, I mostly mean let her watch me workout.

I usually workout in our garage, but since the stupid cold is still around, that wouldnâ€™t be good to make her sit and shiver. So, Iâ€™ve been resorting the Supreme 90 Day workout videos Iâ€™ve mentioned before [here](#) and [here](#). I fear that since we have the full DVD set and Iâ€™ve been following the schedule, Iâ€™m not going to be able to stop. Iâ€™m weird like that, once I start a program, I DESPISE quitting until itâ€™s done.

Basically, expect to read more about my Supreme 90 Day workouts for a while. Plus, Kelley is following the program so itâ€™s something we can do togetherâ€™.kind of. Of course, Iâ€™ll still do more since the weather is getting nicer and I want to be outside.

Since Avery didnâ€™t feel like napping after playing in her jumper, taking a bottle, and me reading [â€œThe Little Mouse, the Red Ripe Strawberry, and the Big Hungry Bearâ€•](#) (one of my favorite childhood books), I subjected her to a Supreme 90 workout.



Get it, read it, then read it again!

The Supreme 90 workout of the day was “Ultimate Ball” where, you guessed, use a stability ball for everything! So, Avery intently watch as I worked my core with different ball exercises of 30 seconds on and 30 seconds off for 30 minutes. I told her she had to get down and workout too, but she didn’t seem too eager..



No Dad, I’m good here.

I don’t blame her, the ball workouts are annoying and I just feel like a fish flopping on rock. Avery even looked at me in bewilderment wondering why I didn’t look like the people in the video!



After the video, she finally gave in and napped. Yep, guess I was *that* exciting to watch! It was time for our weekly store trip, and luckily I only had two as opposed the [three](#) stores to go to. Once Avery woke up, we were off to store, one, Central Market!



One day, youâ€™™ll see more than the top of her head!

I donâ€™™t get to go to this store very often anymore, and it was a nice trip today. Avery slept most of the time and let me have time to gather bulk herbs, spices, and powders. Even if I know I donâ€™™t need anything down an aisle, I make sure to zig zag through every part of the store just out of habit (or maybe OCD) before leaving. An hour later and we off to other, more frequent store, Costco.

Avery was growing impatient at this time, but not unruly. I decided to make it a quick trip anyway since it was getting late. But, before zig zagging the aisles, my morning caffeine had me heading to the menâ€™™s room. I walked in with the slightly fussy Avery to see one guy standing in the middle urinal with the other ones empty on either side.

If you know me, you know this annoys me. Just choose the freakinâ€™™ left or right side if you have all three open! Reluctantly, I walked to the left one to do my business and leave. But, I couldnâ€™™t help

but notice the man staring at Avery and me, so I stared back with a straight face. Then he said "Cute baby. Boy or girl?" I quickly told him girl and hoped that would be the end, but he continued on as if we were at a coffeehouse in deep conversation.

I don't like talking when standing at a urinal ever, but I *really* don't like talking about my baby to some guy while standing at a urinal. Poor guy, I'm sure he was harmless and meant only to pay a compliment, but I like my space, period.

Once home, I unloaded the groceries and made it out for a quick run with Avery and Abby. We were happy to see Going Mom was home when we returned and spent the rest of the day inside. Avery watched Kelley do a little of her Supreme 90 workout, but then she turned into a ~~night terror~~ whiny baby and I brought her over with me in the kitchen!..where she still whined.

No long walk in the Onya today, but with the two store trips and 10 minutes at home, the total time spent wearing Avery today was an hour and forty minutes. Most of it she slept or at least did not cry a lot.

Talking when using a public restroom, yay or nay?

I'm not a fan of holding any discussions in a public restroom, even with people I know, but it's not a problem at home.

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