

What To Know When Getting A Body Piercing For The First Time

Description

Getting a body piercing for the first time is somewhat exciting and a little daunting at the same time. After all, if you've never experienced a piercing before, such as your earlobes as is fairly common at a younger age, then you won't really know what to expect.

Everyone has a different pain threshold and when it comes to the piercing itself, the level of pain can vary from one to the next. Regardless, it's important to know exactly what to expect when getting a bodily piercing, wherever that may be located.

Here are a few things you'll need to know when getting a body piercing for the first time.



[Image Source](#)

Do your research

First and foremost, do your research. It's important that when it comes to getting piercings, you know what each one involves and what to expect from the piercing process itself. [This guide](#) to dermal piercings, for example, is useful for anyone who might be getting this type of piercing for the first time.

Research is important because you want to know the ins and outs of what is essential in an invasive procedure. There are some risks and side effects to piercings that are good to know about, especially if you're going for piercings in more unique areas of the body in general.

With a bit of research, youâ€™ll get a better understanding of what to expect and hopefully, that will ease some of the concerns or anxiety you might be feeling toward an upcoming appointment youâ€™ve booked.

Know your budget

Budget is an important one as the price it costs to get a piercing can vary from one person to another.

[Knowing your budget](#) is useful, especially when it comes to making sure youâ€™re not being ripped off or paying too little for a certain piercing specifically.

The price of a piercing will include the piercing of the body part itself and then whatever piece of jewelry you use to be the first piercing you wear. Remember, that for many piercings, you have to wait a number of weeks for it to heal before you can take it out.

Therefore, itâ€™s good to pick something you like and can wear for a long period of time to begin with. A budget is good to have so that you can save before the appointment and have a bit more scope for your choice of piercer and the jewelry you might want.

Consider your pain threshold

Whatâ€™s your pain threshold like? It differs from one person to the next but the amount of pain that can be experienced when getting a body piercing can vary depending on where youâ€™re getting pierced.

Itâ€™s known that certain parts of the ear can be more painful than others. Sensitive areas like the chest can be more sensitive, so itâ€™s useful to know what you think you can handle, even though the pain is temporary and short-lived. Many people compare the sensation of a needle to other types of body art they might want later. If you are thinking about a tattoo next, you should look at how different spots on the body feel. Some areas have more nerves or are closer to the bone, which changes the experience. Tools like a guide for [ranking tattoo pain](#) can help you decide where to start. This way, you have a better idea of what to expect before you sit in the chair. It makes the whole process feel much less scary.

Choose a licensed and qualified piercer

One of the most important decisions to make when it comes to getting a body piercing is choosing a licensed and qualified piercer, such as one from [Clementine Piercing](#). There are some piercers that offer great value for the piercing, but they might not necessarily have all the qualifications and licenses to do piercing professionally or at least to a high standard. Consequently, they should be avoided in favor of high quality and reputable piercers.

Itâ€™s always worthwhile going with an experienced piercer for peace of mind. At the same time, you want someone who knows what theyâ€™re doing and more importantly, can recommend the appropriate aftercare needed.

Get recommendations from trusted family and friends

If you're struggling to find someone to pierce your body that you trust, then it's worth getting recommendations from trusted family and friends. This is helpful when it comes to procedures such as bodily piercings where you're putting your health and safety into the hands of a stranger.

Most piercings are fairly harmless and don't involve much in the way of recovering, however, it's something that's definitely important to get right. Even if it's a small piercing, there's a risk of dirty tools being used to the wrong advice given when it comes to aftercare of the piercing itself.

Invest in high-quality jewelry

Finally, when it comes to any body piercing, it's better to invest in [high-quality jewelry](#), than the cheaper options which may cause more problems when it comes to the risk of infections, etc. Make sure to look for stainless steel jewelry types as these tend to be the best when getting a body piercing.

With these tips, you'll feel more confident as you walk into your first body piercing appointment!

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