

Making Your Family Home Environmentally Friendly

Description



Photo Source

Nowadays, kids are being educated on all sorts of matters that may affect them directly during their lives. Environmental damage and pollution may be one of the subjects that they are taught at school. Why? Well, human activity is the number one cause of environmental problems right now, and things that we do on a day to day basis are making the world an increasingly problematic place for our species to survive. It's therefore up to us to change this and kids are likely to be the leading generation to implement real change! So, if your little one comes home all hyped up about becoming an eco warrior and saving the planet, [encourage them](#)! Work hand in hand with them to make real change in your family home and create a greener living space for everyone. Here are just a few steps that you can take to make your family home as environmentally friendly as possible.

Say Goodbye to Plastic

Sure, it's highly unlikely that you're going to be able to completely eliminate plastic from your family home. There are certain items and products that you will have to use that come wrapped in plastic whether you like it or not. Examples include bottle caps and pill trays for medication. However, you can significantly reduce the amount of purposefully disposable and non-necessary plastic from your family's lifestyle. Buy fruit whole rather than pre-cut and wrapped in plastic containers. Use [bamboo](#) toothbrushes rather than plastic ones. When it comes down to it, all plastic is bad for the planet and its use should be seriously minimized.

Insulate Your Home

If your home automatically lets heat and energy escape, youâ€™re going to have to burn fossil fuels constantly to keep it warm and functional. So, make sure your property is as well insulated as possible. Make sure that windows are double glazed and coated in [Residential Solar Films](#). Make sure that your roof and loft have insulating materials in the cavities. Use draft excluders between rooms. Small steps can make a massive difference!

Compost

Families tend to use more ingredients in their meals, as there are more mouths to feed. But the more food there is in a home, the more waste there is likely to be too. Try composting natural waste. You can invest in a compost bin where you can dispose of potato peels, vegetable cuttings, tea bags, and other forms of food waste. This can then be used as a great natural fertilizer.

These are just three different steps that you might want to implement into your familyâ€™s home and routine. Sure, they may seem like small changes. But they would make a massive difference if every kidâ€™s family tried them out. So, get the ball rolling in the right direction and give them a go!

Date Created

2018/10/22

default watermark