

How to Make a CBD Healing Salve

Description



Many are dreaming about growing and creating their own medicine and some are relying on organic cannabis that they can grow at home. The CBD salve may be at the top of the list because it can reduce irritation, inflammation, and pain. Know more on how to choose the right creams and lotions [in this website](#). The making can also be a simple process, and much like [adding terps to dabs](#), you can customize this according to what you need.

About the Salve

If you ask about salves, they are simply healing ointments that you put on your skin. They include ointments, balms, lotion, and creams. They are thick in consistency and also gentle to the skin. Most of them can be kept for months on a shelf. The nourishing and essential oils that are commonly used are olive, coconut, and sweet almond.

If you want to make a cream mixture, then you can use coconut oil as you can quickly get this from stores near you, and it binds well with the fats of the cannabis plants. The effect is also moisturizing to the skin. A few drops of olive oil can also make the absorption process smoother.

A salve contains a mixture of butter and waxes that make the ingredients stay in a semi-solid form even if they are placed at room temperature. The binding agent is typically beeswax because it's easy to incorporate, and it's available in many places. Adding beeswax will result in a smoother cream. Another thing that you can add is cannabis. Just combine it with the other ingredients and get the full benefits in no time.

Raw or Decarboxylated Cannabis?

Decarboxylation is heating cannabis at an ideal temperature at a good time to transform its potent cannabinoids into their acid forms. The acid is more potent than the raw plant, and it is more active in the process.

The decarboxylation process transforms the compounds CBDA into CBD and THCA into THC. This can occur naturally when the plants are vaporized or smoked, but you can accomplish this by heating the plants in the oven when you are making a salve. The commercial products are often decarboxylated with the use of sophisticated machinery, so the results like the ones in [Cheefbotanicals](#) are more potent salves. They are useful in healing lots of skin conditions that many are experiencing.

A lot of studies were able to document the medicinal benefits of CBD. For one, they are able to relieve pain from arthritis, decrease seizures, relax the muscles, reduce inflammation, and suppress the growth of tumors. Many people may prefer mixing a little bit of THC into the salve because of the entourage effect.

When in little amounts and THC is combined with CBD, both can be a powerful pain reliever or have analgesic effects on the person using them. The expansive healing application of the CBD can help with rheumatoid arthritis, psoriasis, and seizures.

What are the Uses of the Salve?

The healing properties of the salve can be used to relieve pain or treat the following medical conditions:

- Rashes, irritation, itchiness
- Eczema
- Arthritis
- Skin cancer cells that result in their irregular growth
- Sore joints
- Inflammation
- Aching Muscles
- Psoriasis

If you've had a long day, you can use the salve to rub your painful neck, shoulders, elbows, knees, and feet. The cream can also act as an appetite stimulant and aids in sleep. The result is that you won't have body aches after a tiring day at work, and you can sleep better at night.

The Making of a CBD Salve



In a double boiler, put a CBD-infused oil into the smaller pot. Bring the water to a simmer. Add beeswax into the mix and stir them often. You can get more information about beeswax here: <https://www.rxlist.com/beeswax/supplements.htm>. When you notice that the beeswax is already dissolved, add shea butter into the pot. Drop some essential oils and lavender scent if you prefer.

Pour the hot mixture into a container and let them solidify. This can take up to a day. If you don't have the time to make your salve, you can always buy it from legitimate companies. Most manufacturers can provide you with high-quality and premium CBD creams, and they can ship to anywhere in the US.

Make sure to look for the products that have great feedback. You can also use [extra resources](#) or ask your friends and family for suggestions on where to get the salve. Search for companies with many positive reviews on your computer and check their CBD topical products.

Date Created
2020/09/13