

Five Fun Puns & A Visual Reason for Good Health

Description

Since [yesterday's post](#) was purely my serious side, I thought I'd lighten things up with a few puns for Friday. If you've been following my blog and/or social media pages, you've probably caught on that I love puns. Corny or not, told by me or someone else, they make me smile and that's what matters.

Bonus points when the ones I tell make others smile. Unfortunately, that's not always the case, but I never let it stop me or get me down. I only hope Avery enjoys my corny jokes as she gets older. She'll eventually reach the age where it's embarrassing, which means I'll probably just increase my joke telling. That's what dads do, right?

Before I share my five fun puns for today, here's a picture that encompasses my intense determination and motivation to hold nutrition, and therefore health, to the highest standards in our home.



Probably no surprise, huh? Of course there's my mom (G-Ma) and all family from both sides, but these two girls are the ones I feed daily and make sure I feed them right! Plus, with their smiles, I couldn't imagine having anything but the best for all of us when it comes to nutrition and our health in general.

To accept sub-par food to go into our bodies would be failing the ones near and dear to me. And how could I ever let this little girl down?



Okay, Iâ€™m getting caught up again, sorry. But can you blame me? I donâ€™t think so!

Now here are my five fun puns compliments of [Pinterest](#). Have a great Friday and weekend!

1.



From: Arend > [Hide](#)

To: Katie >

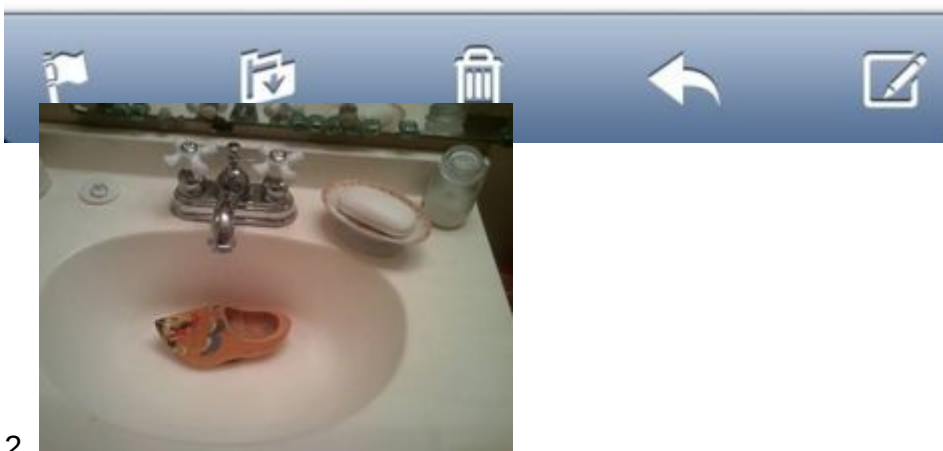
Study: Men With Smaller Testicles Are Better Fathers « CBS Atlanta

September 11, 2013, 6:59 AM

Sorry I wasn't a better father

<http://atlanta.cbslocal.com/2013/09/10/study-men-with-smaller-testicles-are-better-fathers/>

Sent from my iPad



2.



erikmagetoftheshirt:

lol

erikmagetoftheshirt

347,000 notes

4.

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justasimplerachel:

ive been laughing at this for about 20 minutes because

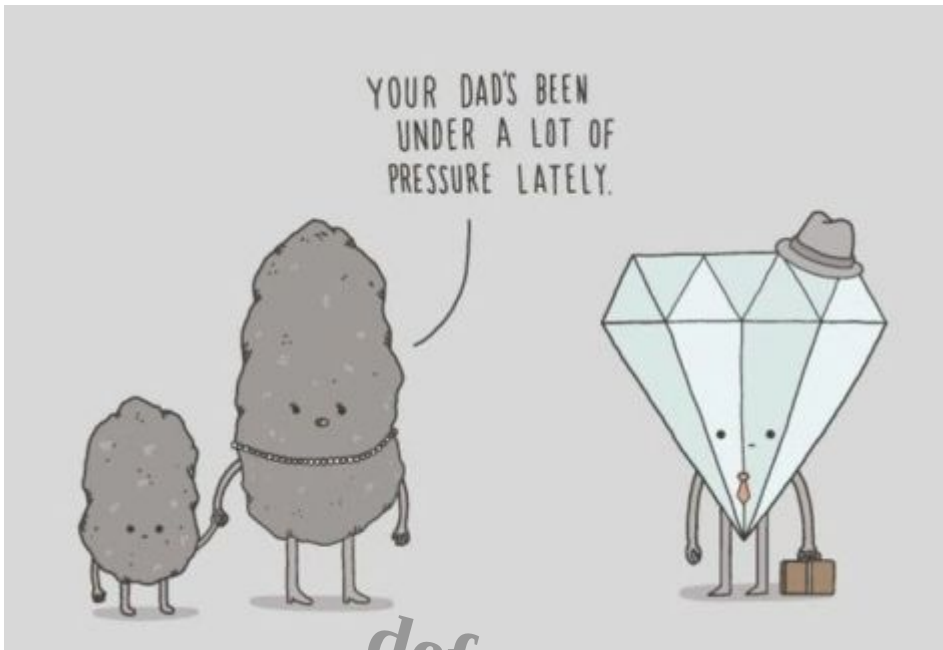
pew pew

justasimplerachel

159,278 notes

5.



Love that last one! Okay, love them all, that's why they're on here!

Here's another pun-tastic post I published several months ago if you'd like to keep the laughing (or ugghhh-ing) going â€“ [Going Dad's Top 10 Pinterest Picks: That's Punny](#)

Do you have a picture that gives you motivation to stay healthy and feed your family nutritious food?

Are you a pun-loving person like me or do you despise them?

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