

Bumps And Scrapes: First-Aid Tips For Young Children

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Children can be very accident-prone at times. They may slip over when they are playing outside or they could even bump into the furniture regularly when they are learning to walk. Most of the time, these bumps and scrapes are nothing to worry about as it's all part of growing up. However, there might be times when you need to intervene and provide some basic first-aid for your child. Here are a few tips that will help you with that.

Try To Stick To Natural Remedies

There are a whole load of different creams, ointments, and lotions that you can buy in shops [to use on children's](#) cuts, bruises, and rashes. But these can sometimes be made using quite strong chemicals and ingredients that can irritate sensitive skin. You might want to instead stick with some natural remedies. For instance, honey can be used to soothe a rash. If you apply some honey to the affected area and then cover it with some gauze, your child should stop complaining about how much it itches. Similarly, coconut oil and olive oil both have anti-inflammatory properties so can also be used on various childhood booboos.

Don't Panic When Toddlers Tumble

When [children are learning to walk](#), they will want to be on their feet all of the time. Unfortunately for them, though, they will be extremely unsteady and this could result in a lot of tumbles. There is usually no need to panic when your young one does fall down, though. After all, this is all part of learning to walk! They will usually try to get back up themselves, but might need your assistance. It might be worth to check for bumps on their head and to give them a quick once over to ensure that they are ok but, more often than not, they will be fine.



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Don't Delay When Taking Them To A&E

Of course, there might be times when things are more serious and they need medical attention from a professional. If you think that this is the case, you shouldn't delay when getting them to A&E. It's also worth pointing out that you will need a medical report from a doctor describing their injuries if someone else caused the accident and you are going to [Gray and White Law](#) or a similar law firm to find out about compensation. If your child's injuries are very serious, you should call for an ambulance to get them to A&E as quickly as possible.

Always Praise Children For How Well They Cope

No matter what kind of bumps or scrapes your child goes through, [you should always praise](#) them for dealing with the situation so well. This will help them grow in confidence. If their injury looks a lot worse than what it actually is, you should also continually reassure them that everything is going to be ok and they don't have anything to worry about.

Bumps and scrapes can sometimes be scary, but these tips will help you keep a level head!

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