

A Walking Revelation, Darth Vader Sweat, and Avery in a Zippy

Description

So, I had a revelation while walking with Avery and Abby. Since Avery never has much input and Abby is just looking for a place to poop, I'm usually alone with my thoughts during the 1+ hour long walk. Today, I thought of how much I used to dread work and couldn't stand to be sitting (ha ha, that's funny) inside. Poor Kelley, she had to listen to me complain about the same thing almost on a daily basis! Sorry, Kelley.

But now I'm here, raising our precious daughter and staying out of an office setting. Sure it's hard work, but one look at Avery and I know it's well worth it. Plus, I'm really hoping she'll be nice and not put Kelley and me in a crappy nursing home one day.



Heart = Melted

Then, in thinking of the future, I realized I need to cherish each and every walk I take with Avery in the carrier and everything else we do together. Because one day, she'll suddenly be fully grown and off doing her own thing. It's the bittersweet fact all parents know is inevitable; our babies grow up.

Sometimes it takes deep thought before you realize the obvious, and today it just hit me. I know I'll have to remind myself many more times, but as parents, we should make it a point to enjoy the time with our little ones as much as possible. That's the best advice I've ever received and will ever give. I love our little family and will forever hold it dear to my heart!

Today's walk was very warm with the high in the 80's, and windy too. I sweat a lot, and poor Avery had to be right up against my stomach and chest. But, I made good use of the handy hood on the Onya Outback and she didn't mind one bit. As a matter of fact, Avery slept almost the entire walk which lasted over an hour today.



Once we returned home, Avery was startled awake by splashing sound while I used the restroom. Hey, itâ€™s a part of life, and I like to share it! I took my well rested but slightly damp with sweat daughter out of the Outback and went to the sink to splash my face with cool water. But, before I turned on the water, I was surprised to see my giant sweat mark from carrying Avery bore a resemblance to Darth Vader.



The force sweat is strong with this one.

Pretty cool, huh? Yeah, just about as cool as my Dos Equis bike socks I wore for the walkâ€™.



#stayathomeparent

Despite her mobile slumber, Avery didnâ€™t last too long before getting cranky again. We just received a swaddle transition blanket called a Zippy from the very kind Stephanie at [Zipadee-Zip](#). Stephanie sent us 2 beautiful Zippys to use for Avery and I will post a review in the near future.



Kelley has been pushing to stop swaddling Avery, but I've been reluctant since I worry her constant arm movement will disrupt sleep. But, Kelley is right to want to transition Avery out of the swaddle since she's starting to roll over now.

Anyway, I decided to give a shot for a quick afternoon nap. I couldn't help but do a photo session before trying to get her to sleep though. Isn't she just even more *adorable* in this thing?



After rocking with Avery for about 20 minutes, she finally dozed off and I laid her in her crib.



She even poses in her sleep!

30 minutes later and she was awake, but thatâ€™s how most of her afternoon naps are anyway. We arenâ€™t using the Zippy for nighttime quite yet, but Iâ€™ll let you know as soon as we do.



Our neighborhood friend has one for his little girl and nicknamed her â€œPatrickâ€ from the Sponge Bob cartoon. Now I get why, they look like starfish! I love it, and Kelley didnâ€™t want to take it off of her when she got home.

Iâ€™m thankful the weekend is here and my faithful companion, Going Mom, will be here with us for 2 full days. Iâ€™m looking forward to spending quality time with my two girls as usual, and I hope you enjoy your time as well!

Total time in the Onya Outback = 1.5 hours / ~4.5 miles

Onya Notes: today I used the chest clip instead of crossing the straps and am not sure how I feel about it. Crossing the straps feels more secure, but I do like putting Avery in the carrier better when the chest clip is used. Iâ€™ll have to test this more and report back.

Do you ever have to remind yourself of things more than once?

Have you tried the [Zippy](#) or another swaddle transition alternative?

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