

What I've Learned After 2 Days as a Stay-at-home Dad

Description

Not much. I'm still confused and trying to figure things out, but I am more comfortable with the role. I have been able to get Avery to take long naps in her crib without too much fussing. Swaddling, taking queues from yawns and watching the clock are very helpful. Oh, and accepting the crying in my face for a while until she gives into sleep.



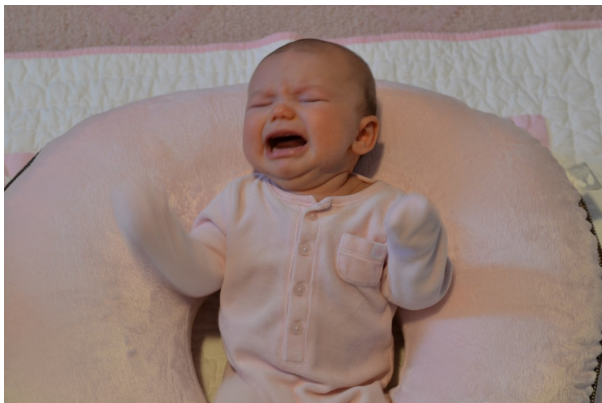
Eating while she sleeps is something I need to work on though. I get so excited about the time I have to get other things done, I sometimes forget to actually just sit and eat. For her first nap of the day, I rush to the garage to try and get in a workout. Listening to music while working out is a thing of the past, now I listen to a baby monitor. I'm still trying to learn the lyrics there!



Husband and wife do not always see eye to eye with parenting styles. This is a big a one! If I know she has been fed, changed, and burped, I will let her cry and scratch my chest with those razors nails longer than Kelley will. Kelley will get up, bounce around, change positions, and hum loudly until Avery calms down. Are either of us doing it wrong or right? I donâ€™t think so, itâ€™s just us having our own ways.

Of course we argue over these differences as Iâ€™m sure most parents do, but we can also learn from each other this way.

Just last night I tried holding the screaming Avery while laying flat in the recliner. After several minutes of her thrashing and wailing, Kelley told me Iâ€™m doing it wrong. I hate being told Iâ€™m wrong (even if I am), and usually refuse to do as suggested. Câ€™mon, please tell me Iâ€™m not the only one like this!



I own the both of you!! Now change me,
then food!

Anyway, Kelley said I need to sit up and rock so she wasnâ€™t flat. After resisting these instructions, I gave in and did as told. Avery settled down, I then reclined and we both slept. Wife â€“ 1, R.C. â€“ 0.

Weâ€™re only 11 weeks into, so there is a lot of learning to come. Hopefully we learn to let each other go about their own methods and only intervene when something is seriously awry.

After making chocolate pancakes and coffee, for Kelley this morning, any argument left from last night is gone and all is well. Until night falls againâ€¦.

At the end of the day, we are all happy to have our beautiful girl and know that weâ€™re strengthening our relationship by raising Avery together. Yes, a little fighting is healthy, right?

Parents, do you and your significant other have different ways to handle your kids? Be honest, how many fights have started because of this?

Date Created

2014/02/01

default watermark