

How Our Daughter Saves Us Water

Description

Avery has been sleeping pretty well in her crib at night lately and it's throwing us through a loop. Despite not hearing cries at 4 a.m., Kelley has a hard time sleeping around this time since she's waiting for "that" moment. I sleep pretty hard, but find myself waking with the expectation of having to go bring our swaddled princess to our room to feed. But, these moments have been slowly diminishing.

I fear getting too comfortable with this since the teething stage is just around the corner and who knows what that will bring. Until then, we'll just try and make the most of it. Keyword, "try."

Living the life of scared parents, when Avery is sleeping, we basically have adult quiet time, or at least try to. I suck at being quiet in the kitchen, and the animals suck at being quiet...ever.

Amongst the things we do differently during quiet time is not flush the toilet. Have to pee? Sure, go right ahead, but please don't flush, I'll get it later. Yep, no lies, I even told my mom (G-ma) this as she stayed over for two nights. I keep thinking of her heading to the restroom and asking, "Can I flush in your bathroom?" Nope, sorry mom. I even denied her a shower and brushing her teeth at one point while the mini demon was dormant our daughter slept.



No Peeing Allowed

Too extreme? Maybe, but I don't want to take any chances. Plus, as the title states, all of this not flushing is sure to save us some water. Avery's helping us be eco-friendly and doesn't even know it!

At night, not flushing isn't too bad, but in the morning, I'm going (I am "Going" Dad, by the way) almost every 30 minutes. Not exaggerating, the several cups of coffee on top of multiple cups of green and black tea that I go through definitely keep the water works flowing. I'm a coffee lover and will drink the black stuff from our French Press like water. By the time her morning nap is over, our toilet is beaming with a vibrant yellow; unless I forgot my vitamins.

Maybe if you couldn't hear everything through our house, I wouldn't be so worried, but I even hold my breath as the pee splashes in the water. Too much info? Well, just speaking truth.

As a side note, G-ma confessed that she flushed several times while we were on our [date night](#) without Avery waking. So, maybe I *am* being a little paranoid, but I'll stick to saving water, thank you.

Moving on, our little family of three had a nice day today. Not much happened, but I was able to get all of Going Mom's lunches cooked for work while she cleaned a lot around the house. I'm just happy Kelley doesn't ask for anything too fancy for her lunches. This week she'll have brown rice with broccoli three times; two with wild salmon, and the other with chicken sausage. Then the other two meals will be something I make a lot of, quinoa with black beans and tomatoes. Such a quick, one-pot meal that's healthy and doesn't cost a lot. Wins all around!

We tried to enjoy a family run together in the outstanding weather we had, but Avery was not having the stroller today. When it's just her and me, I'll run with her at a good speed and she seems content, but we had to keep it easy as Kelley is working back up to it, and we were just too slow. So, that wasn't the most fun 3 miles of screaming!..

I took Avery out and wore her in the Baby Bjorn for our walk with the dog and she stayed quiet, so I figure she was better. As always, we'll miss mommy as she heads to work tomorrow, but at least Avery and I have each other to keep company until her return home in the evening.



Mommy and Avery

Do you do anything different while your child sleeps to avoid a potential waking?

Will your kid only ride in a stroller if you're walking or running?

Date Created

2014/02/23