

Smokerâ€™s Paradise: 3 Best Indica Dominant Marijuana Strains

Description

Since its legalization, marijuana has been the center of attention for many age groups in the country. There has been a lot of study on this herb and weed lovers now have intricate knowledge about what theyâ€™re smoking. People who want to relax their minds and want a peaceful sleep after smoking usually prefer smoking the Indica dominant strains. This type of strain is known for its relaxing and calming effect on the body and the mind. It is used for many medicinal purposes such as for treating loss of appetite, anxiety, depression, and most importantly, insomnia. There are a number of Indica strains in the market but you should still be aware of the best of the best. You check out [Weed News](#) to learn more about all of the various strains and to get the latest news on marijuana.

Northern light

The northern light strain is one of the most popular strains among users. The masterminds over at Sensei Seeds can be thanked for the creation of this bud. This delectable strain is made by crossing Thai with Afghani kush, resulting in a bud that has an extremely spicy and sweet flavor profile. This is quite smooth on the throat and produces euphoric effects that give a long-lasting body high. It is a common favorite for [medicinal purposes](#), due to the complete and utter body relaxation it offers to the user. A lot of growers comment on the amazing features of this bud, which is quite purple and crystal coated. This has a fast flowering time and is quite resilient during growth, so is preferred by many growers. It is also the parent strain of two very popular strains called Super Silver Haze and Shiva Skunk.

Sour apple strain

If you want a strain that is able to tingle your taste buds, this strain might be your best bet. This extremely potent Indica-dominant strain is made by crossing Cinderella 99 with Sour Diesel. Most users report feeling couch-locked and unable to move a few hours after consuming this strain. This is due to the intense cerebral high that is delivered by [sour apple strain](#), along with a long-lasting feeling of relaxation. This is the best strain if you are looking for relaxation after work or even during a lazy afternoon.

Granddaddy Purple

Granddaddy Purple was introduced by Ken Estes in 2003. This is quite a famous Indica dominant strain that is made by crossing Big Bud and Purple Urkel. This is quite popular, especially in California. It inherits quite a complex flavor and aroma profile from its parent strains and has a berry and grape aroma. These flowers are deep shades of purple, covered with a snow-like dusting of heavy white crystal resin. Users report that it delivers both cerebral [euphoria](#) and physical relaxation only a few minutes after it is consumed. It is common to have your mind in a dream-like buzz, while your body is

fixated in one place. This is best for people wanting to combat insomnia, stress, pain, appetite loss, and muscle spasms with the power of weed.

Indica is very well known for the relaxing effects it provides, putting the mind at ease. A lot of people use Indica to calm down, relax and throw their stress away. These are some of the best Indica dominant strains available on the market.

Date Created

2021/03/04

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