# The Art of Discipline: 4 Strategies to Improve Your Rate of Success at Sports Betting

## Description

Warren Buffett once said, â€œInvest with your head, not with your heart.â€• That might be true of investing, but itâ€™s also true of sports betting too. And while some betters might have their strategies to beat the odds, Buffettâ€™s maxim can be applied to sports betting with higher results. With mobile gaming increasingly popular, you can find the right pay phone casinos by visiting this link to find which ones work best for you.

What follows are four proven strategies that will give anyone better game analysis for higher returns. Putting these strategies into action could very well be your best bet ever.



**1. Establish a Bankroll**

A bankroll is the total amount of money that you establish to bet with. So when you pick one of the new UK online bookmakers to bet with, you have to have an amount in mind. A bankroll is established by the player in any number of ways. The size of the bankroll is dependent on the player, and is usually established in one of three ways:

- The time set to play
- The amount that a player can afford to lose
- The amount the player opts to bet on a particular game

The longer a player is determined to play, the higher the size their bankroll should be. It should also go without saying but bears repeating, never gamble more than you can afford to lose. Itâ€™s never fun to bet what should have gone to the next house payment, especially when itâ€™s just been lost. It doesnâ€™t matter what your bankrollâ€™s size is, donâ€™t put the money for your expenses into it. After a player decides how much their bankroll will be, itâ€™s time to move on to strategy number 2.

**2. Establish a Unit**

The â€œunitâ€• is a fundamental concept in nearly all games of chance and is no less so than in sports betting. A unit is the basic amount wagered on a game. The amount a unit is worth should be decided upon before even the first bet is placed. The number of units wagered might go up or down, but the base is still the unit. Units will vary with the player, but each should have their own that is determined by their tolerances and overall bankroll.

**3. Establish a Betting Personality**

Buffett would undoubtedly agree that before investing any amount of money, an investor should determine what their risk tolerance is. Does an investor want high risks for potentially more significant payoffs, or do they prefer lower risks for smaller returns? Gambling on sports, through football betting for example, is the same way. Fortunately, there are betting strategies that match practically any risk tolerance.

**4. Find a Betting Strategy and Stick With It**

The most frustrated player in the world is learning about many betting strategies and trying to use a combination of all of them. This is the most frustrating and useless strategy of them all. Itâ€™s always a good idea to learn about other sports betting strategies, but once you find one that fits your pleasure and risk tolerance, stick with it.

A good sports betting strategy is a long-term affair. The more a player bets using the top sports betting software solutions, the greater their chances of winning. The more often a player bets, the greater their opportunities that they will spot trends in the games themselves, so it is good to learn about different sports betting strategies so they can adjust them as they see best. In the long run, the player who works their system to their most significant advantage will end up winning.

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