

Hikers Tackle the Trails, Even During a Chilly Winter Day!

Description



Wintertime is here, but that does not mean that the hiking season is over!

In Salt Lake City, Utah, you donâ€™t have to [miss out on the great benefits of hiking](#) even though itâ€™s cold and snowy wherever you might live. There are tons of amazing trails accessible during this time of year, including Lisa Falls, Ensign Peak, and Bridal Veil Falls.

If you plan on hiking multiple trails and staying in Salt Lake City for days or weeks, there are many local accommodations to suit you and your companions. The [Hyatt Place Salt Lake City/Downtown/The Gateway](#) is a stylish, comfortable Salt Lake City hotel. There are many great amenities, like free breakfast for members, free Wi-Fi, and a fitness center. The Little America Hotel offers big value for guests. You can expect well-appointed rooms, an indoor pool, and a cozy little shop.

Having a luxurious hotel to reside at after a long day of hiking in the cold weather is simply a necessity for all avid hikers. Not only will you be able to stay warm and comfortable after a [day out on the trails](#), but you will also be able to extend your hiking trip knowing that you have a place to eat, shower, and sleep before waking up and making your way to the next trail on your list.

Best Winter Hikes This Winter in Salt Lake City

- **Bridal Veil Falls**â€“ At Bridal Veil Falls, you will find the most iconic waterfall in the state of Utah. The trail is a simple hike and very easy to follow, making it the perfect hike for your family. The trail itself is only a 1.0 mile round trip with a variety of stops to make along the way.
- **Lisa Falls**â€“ This particular trail is only 0.3 miles, with Lisa Falls waiting for you at the end. The trail is very easy to follow and offers stunning scenery.

- **Ensign Peak** – Ensign Peak is an absolute must for those of you who enjoy a challenge with rewards at the end. The trail is an uphill climb but fairly short in distance, making it an easier challenge with a beautiful view of Salt Lake City at the top.
- **Dripping Rock Trail** – This trail is slightly over a mile in a beautiful round trip along the riverbank. The course of the trail has rock edges that have water dripping directly along the edges. For winter trips, be sure to dress accordingly and watch your step as the path can become icy.

Winter Gear to Bring With You During Your Hike

- Footwear – Hiking boots, wool socks, and high gaiters. [Merino socks](#) offer comfort with excellent performance to keep your feet feeling great.
- Hats – Heavy fleece or wool.
- Gloves – Waterproof gloves or fleece-lined gloves for warmth. Mittens offer the ultimate warmth but limit your dexterity.
- Jackets – Most hikers use a base layer, mid-layer, shell strategy instead of a single insulated jacket. That way, you can shed a layer or add a layer easily to keep your warmth dialed in.
- Pants – Hardshell or softshell, depending on the weather. A softshell works great if you're more active and need breathability.
- Backpack and Essentials – Toilet paper, map, water, compass, first-aid kit, headlamp, and whistle.

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