

Preparing Your Kids For Moving Home

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Moving home is a time of both excitement and stress. When youâ€™ve got kids, itâ€™s vital to prepare them properly for such a big change. While some children will handle a move well, not all children are the same, so itâ€™s best to tread carefully. If youâ€™re soon to be moving home with your kids, letâ€™s consider how you can best prepare them.

Explain carefully

You will need to explain the move as carefully as you can to your kids. The way that you go about your explanation will largely depend on how old your children are. With toddlers and younger kids, the move will be harder to understand. The best thing that you can do is to use your kids soft-toys, dollâ€™s house or trucks to act the process out. When you start packing your kids toys away, they may be anxious. Try to make it clear that the toys will be waiting for them at the new home. If your kids are older, youâ€™ll want to explain in more detail, including the reasons for the move and ask them if they have any questions. Understand that your children may experience sadness or anger at this time. Plan lots of [fun activities for your kids](#) to distract them if they feel upset.

Use stories

Often, childrenâ€™s storybooks are an excellent way to explain changes and processes. The characters in stories can help your children to feel that they are not alone in this experience. There are plenty of books out there which deal with the subject of moving home. If your kids like â€˜Winnie The Poohâ€™ why not try the book â€˜Tiggerâ€™s Moving Day.â€™ You could also try â€˜My Very Exciting Sorta Scary Big Move.â€™ The book is written by Lori Attanasio Woodring and features a range of moving themed activities. You can find these books on Amazon along with plenty of other moving themed books for kids.

Keep what you can

If you want to prepare your kids for moving home, itâ€™s a good idea to keep as much of their bedroom furniture and belongings as possible. When you get to your new place, your kids are likely to feel more at ease if they have the same furniture, bed sheets and colour schemes. Being in an unfamiliar place can be a little scary for children. Keeping their old belongings can help them to feel a sense of security. If your children are younger, itâ€™s best to pack up the house yourself without their involvement.

With older children, you may want to get them to help with the packing. Involving them in this way can allow your kids to get excited about a new adventure. Youâ€™ll want a great removal company with many years of experience. This way, the process will run smoothly and create no added stress for your kids. Itâ€™s worth looking at [this website here](#) for a highly professional and experienced moving company.

Spend time in the new area

Itâ€™s a great idea to let your kids spend some time in the new area so that the moving process feels a little less strange. Take them to the local parks, allow them to visit their new school (if appropriate). If your new neighbors have children, it can be a great idea to arrange a play-date to [help your kids to make friends](#).

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