

Sacrifices Great Dads Make For Their Kids

Description



[Picture: pxhere](#)

As a young man, the emphasis was on doing what you wanted to do. In many ways, you could say you were selfish and proud. After all, life is for the living when there are no responsibilities. Now youâ€™re a father, itâ€™s no longer acceptable. The family comes first, and that means the children.

But, finding the right balance is difficult. You donâ€™t want to be the boring old man who sits and watches TV all week. So, how does a dad know what to sacrifice and what to keep?

The answers are underneath for those who need guidance and reassurances.

The Old And The Young

Just because youâ€™re in your forties and fifties doesnâ€™t mean you donâ€™t like watching football with the guys and drinking pitchers. And, every now and again, itâ€™s okay to see how many wings you can eat in one sitting at the bar. But, the lifestyle of going out and drinking for every match should be a thing of the past. To begin with, guys from previous generations canâ€™t keep up [with the young kids in the drinking](#) stakes. Secondly, quality time with the family is more important and enjoyable, especially when the kids take an interest in the sports you love.

Easy Rider

Back in the day, you loved riding the hog from A to Z and back again. You couldnâ€™t get enough of the wind flowing through your hair and the adrenaline spike it caused. To this day, you still love to take out the chopper whenever possible, to the dismay of your wife and kids. And, they are right: itâ€™s time to retire the motorcycle. You may never have had to hire [a lawyer to represent your injury case](#)

before, but it doesn't mean bikes are safe. It could happen at any time and you've got more to lose now. Dads, for the sake of their kids' futures, should stick to driving minivans.

Mean Greens

Now that you're married and have kids, it's time to let go a little and enjoy middle-age. The problem is cholesterol: it's hard [to keep it down as your metabolism](#) slows. So, eating junk food and not putting an emphasis on your diet may shave years off your life, time you could spend with kids and grandkids. There's no need to become a veggie or a vegan, yet dads should keep track of their calorie intake. In particular, salt and refined sugars as they are leading factors in the onset of heart disease.

Dream Job

Parents need to have lives too, and fathers should enjoy their career and get the most out of it as possible. But, when it impacts the family is when things start to get tough. A dream job is something you worked for your entire life, yet is it worth uprooting the kids and disturbing their lives? A move will have a lasting effect on them and it's something to consider before saying yes.

Anyway, isn't your dream job to be the world's best dad?

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