

Outer Banks Vacation: My Neapolitan Brother

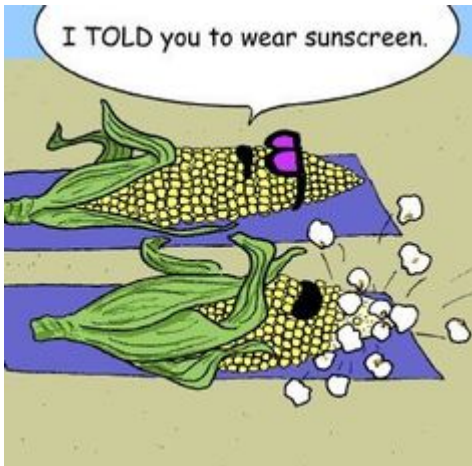
Description

With our [first day mostly spent travelling to our Outer Banks beach house](#) destination, everyone was eager to spend the second day on the beach soaking up the sun. And that's exactly what we did. More so for some, like my brother, than others, as he turned into a human form of Neapolitan ice cream.

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Not so much chocolate as strawberry and vanilla, but Iâ€™d make the argument heâ€™s neapolitan-ish. All of us were likeâ€™.



But hey, you live you learn burn, right? He was in obvious pain almost the rest of the trip, but he handled it quite well. I'm sure his best friends Bud and Jack helped.

Going Mom, Avery, and I made sure to cover up with our skin-safe Badger Sunscreen and enjoyed our beach experience with only minimal burn. Not bad considering how long we spent digging in the sand and playing in the waves. The calm ocean waves made for a perfect first beach experience for Avery.



Not a lot of people out there, but more came as the time passed. No crazy crowds though, which made it perfect for a family-friendly vacation. My top two goals for Avery's first trip to the beach were to dig a big hole in the sand and play in the waves with her. Both were accomplished on the first day.



Taking a break after digging a family-sized hole

Even G-Ma got in on the hole digging action.

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Weâ€™re digging to China! #beach #obx #outerbanks #funinthesun #familyfun #firsts

A photo posted by RC Liley (@going_dad) on Jun 12, 2016 at 11:31am PDT

We were so close to China! I swear I could hear labors working hard on cheap plastic products to ship to the U.S. Thatâ€™s when we decided to stop and make use of the abundant water resource (aka ocean) to wash off the sand and sweat.



Avery took a few surfing lessons with good form.



After riding the waves, Avery seemed to have a newfound pride/confidence exuding from within. What do you think?



Yeah, it's awesome

Our first day on the beach was a blast, and our daughter's love of the ocean was confirmed.

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A photo posted by RC Liley (@going_dad) on Jun 13, 2016 at 6:02am PDT

From all of the family fun we had on day one, thereâ€™s no question weâ€™ll make another trip to the ocean for a future family vacation. One of my other priorities while by the sea was to take advantage of the fresh, local seafood every day. For the first night, the seafood du jour was jumbo lump crab with chunks of avocado and a generous serving of veggies.



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A photo posted by RC Liley (@going_dad) on Jun 12, 2016 at 5:52pm PDT

Kelley and Avery loved the crab. It was Avery's first crab experience, and she was anything but *crabby* about it. Yeah yeah, I know, I'm corny. I was surprised that my wife, not the biggest fan of seafood, even enjoyed the meal. The three of us ate different meals than everyone else most of the time, but we did get to sit down together a few times.



Not a very clear picture, but I think it adds to the excitement felt by all. From left to right, thatâ€™s my cousin Aaron, grandma at the end of the table, and G-Ma, Avery, and my wife/Kelley/Going Mom. Avery could hardly sit still during dinner ever, but luckily G-Ma acted as a human restraint for the restless tot.



To top off the fun-filled day full of all play, no work (the exact opposite of [The Shining](#) for good reason), we watched the sun set behind a bushel of fluffy storm clouds emitting thunder and lightning.



A thunderstorm rolled by that night, but didnâ€™t last long. Good thing, because we had more plans for family fun on the beach ahead!

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