

The Best Way to Celebrate Memorial Day

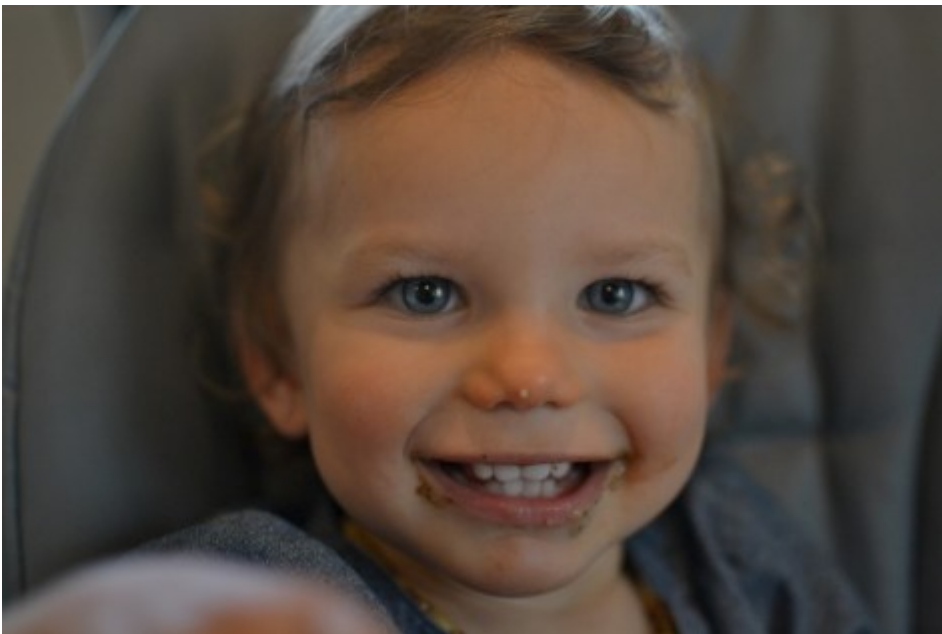
Description

Last year, for Memorial Day, [I ran a 10k](#) that honored our nation's fallen heroes. This year, I'm not running a race, but I will still pay my full respects to those who died in battle.

I won't try to act like I know all the ins and outs of how our nation formed to what it is today, because I don't, but I know that many men and women put their life on the line to make it possible for me to sit here and write this in the comfort of my home. For that, and for everything else they have done, I am forever grateful.

Although I'm not lining up at a commemorative race or have an American flag in my yard (I really need to get on that), I will celebrate Memorial Day the best way possible; with silence.

Just taking a moment of silence to think about the hardships so many had to go through and how appreciative I am to be staring at this precious food covered face every day as a result is the best way I can think of to celebrate today.



Matter of fact, I think that celebrating the heroic efforts of so many should be a daily thing. I know not every day can be a holiday, but we can still be thankful for what others have sacrificed, right?

There are many other things at work (like my dear wife) that enable me to stay home to raise our retirement plan Avery, but without those we are remembering today, none of it would be possible.

So as you gather with friends and family over good food and drink, please take a moment to appreciate more than just an extra day off work (if you get that) and think about things we have that truly

matterâ€¦.love, live, and freedom. Unless you have baby gates all over your home which block you just as much as it does *them*.

Happy Memorial Day!

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