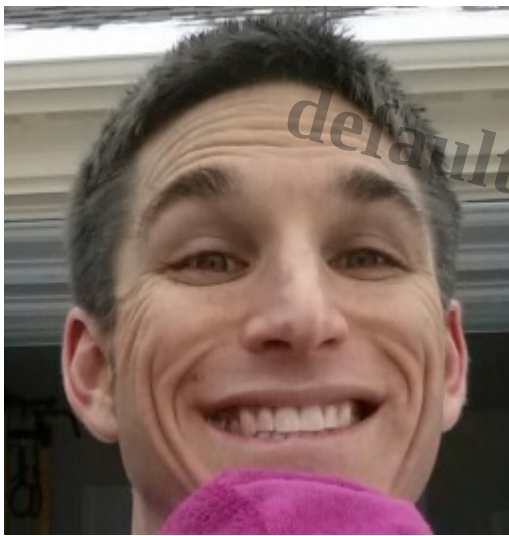


Going Dad™'s Top Ten Pinterest Picks (9): Random Humor for the Systematic Life

Description

Sometimes, okay, a lot of times, we all need a good, hearty laugh. Really, we should all laugh more throughout the day every day. Smiling and laughing release “feel good” hormones that actually decrease stress, and even forcing a smile has been [proven to lower stress levels](#)!

To all parents, including myself, consider this news you can use and force that grin!



Me reducing stress!.

Seriously, try it out when you™re feeling stressed; just stop and force a smile. It actually works! What also works is Pinterest and the infinite posts of memes, quotes, pictures, and more of hilarious content.

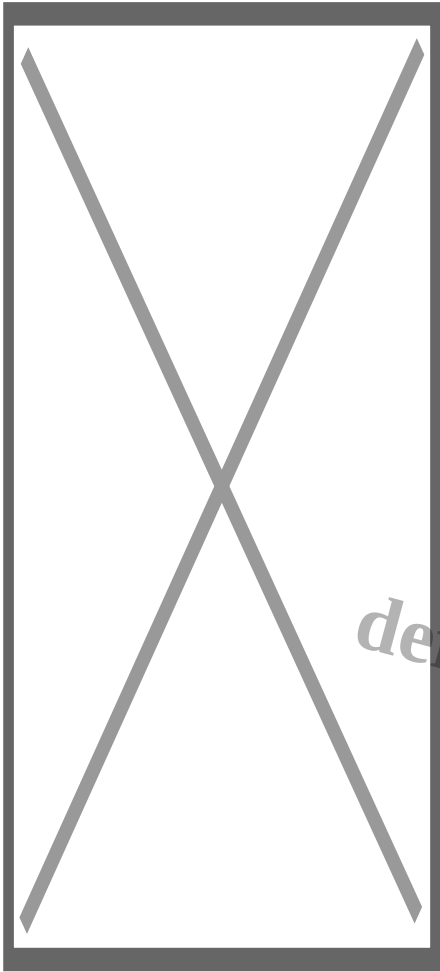
For no particular reason, I recently felt the weight of stress bearing down on me and sought refuge in Pinterest. Guess what? It worked! And then it kept on working for way too long; that site is addicting!

Anyway, figured all of us could use a little laughing medicine to start another week off on the right!..errr, emotions. Enjoy these random Pinterest posts of humor to assist in an otherwise systematic week ahead!

1. Something Going Mom and I deal with daily.



2. Maybe itâ€™s for swim lessons? Or *maybe* the duck was tired of them riding her tail feathers!

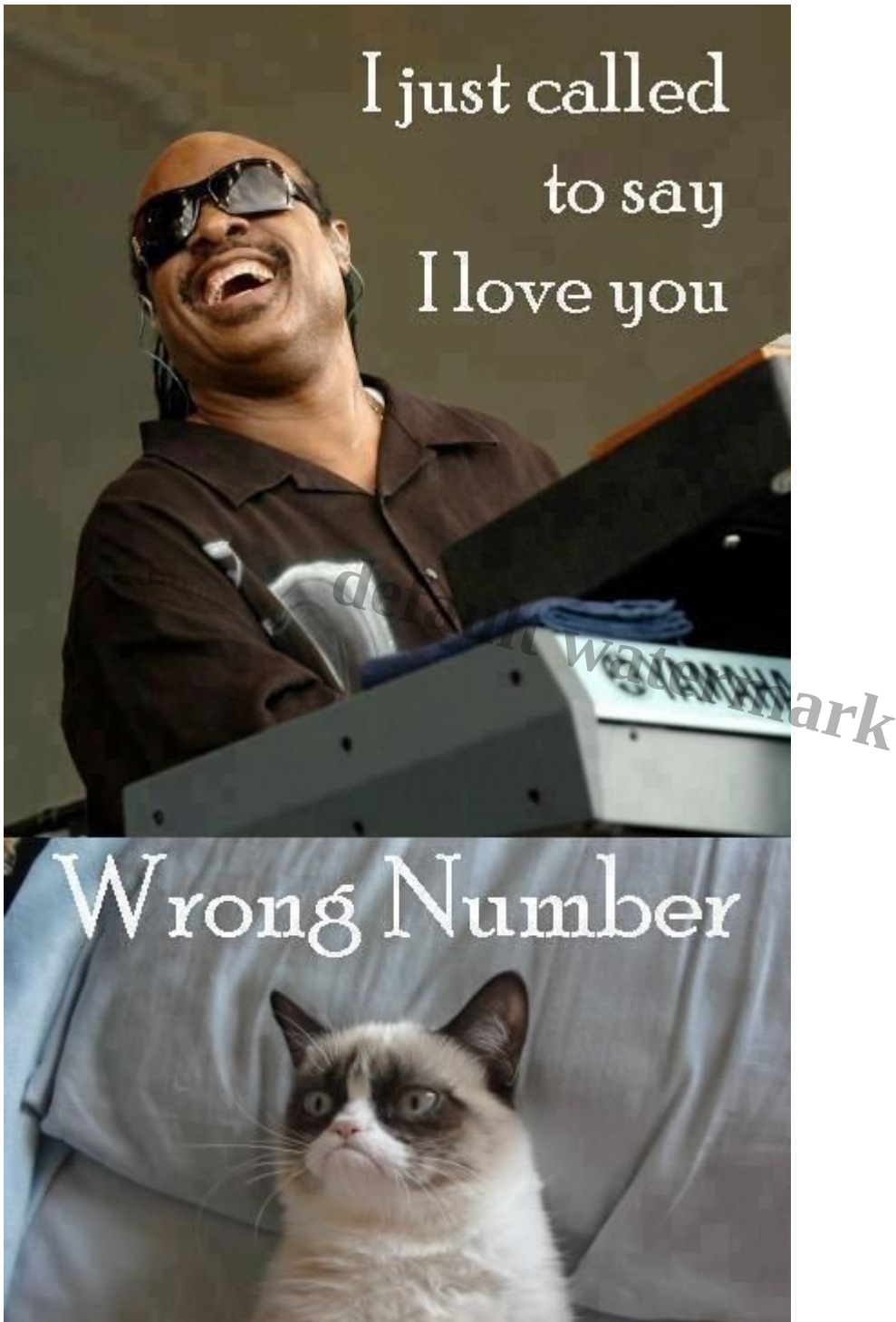


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3. One bad bird€|



4. I could do a whole post on Grumpy Cat memesâ€¦!hmmmm



5. It may not be with dinosaurs, but weâ€™re doing this to Avery some day for sure!

EVERY YEAR, MY WIFE AND I DEVOTE
THE MONTH OF NOVEMBER TO
CONVINCING OUR CHILDREN THAT,
WHILE THEY SLEEP, THEIR PLASTIC
DINOSAUR FIGURES COME TO LIFE.

It began modestly enough. The kids woke up to
discover that the dinosaurs had gotten into a box of
cereal and made a mess on the kitchen table.



The next morning, the dinos had climbed onto the
kitchen counter to raid the fruit bowl.



6. So many good cat memes!



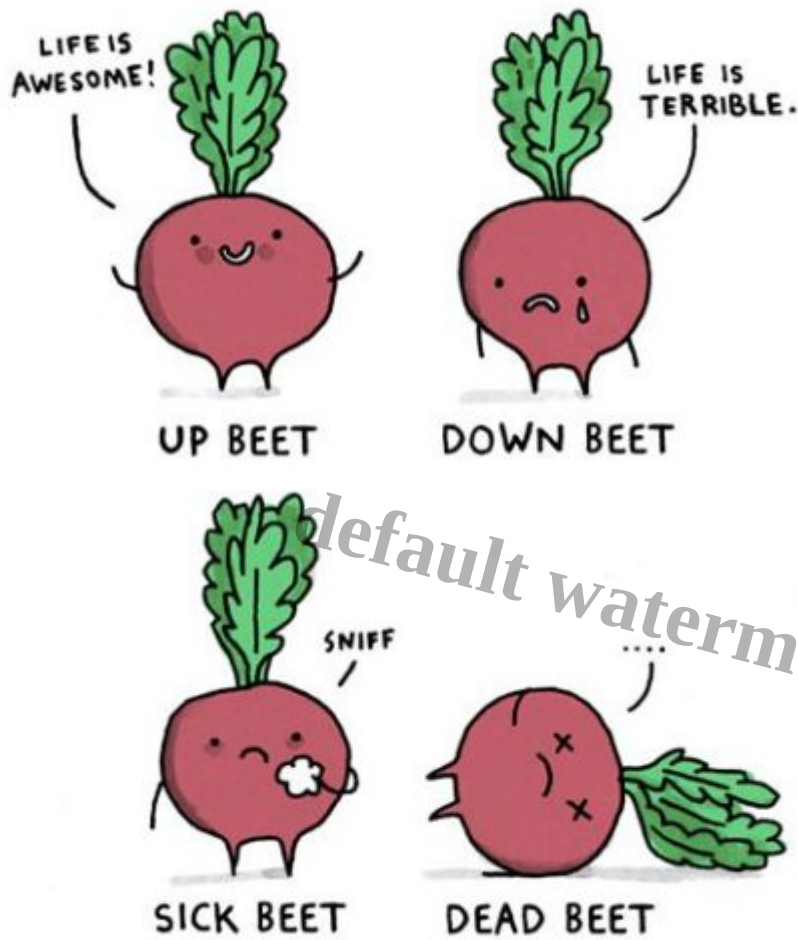
7. They had one jobâ€¦



8. This is all Iâ€™™ll ever think of when I see these stickers now.



9. Had to have some puns in here, since I [obviously love them all!](#)



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10. Kinda funny, sad, and true all at once.



mark

That only took me half the day to put these together since I kept getting sidetracked. Damn you, Pinterest!

Anyway, enjoy your Monday and this week!

Any plans for the week ahead? Avery is turning 9 months on the 15, and G-Ma will be watching her the entire weekend as Kelley and I celebrate our 7th anniversary at Embassy Suites. We're just a little excited. I'll fill you in soon!

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