

5 Memories from my 5th Month since “Going Dad”

Description

As a parent, there are countless memories we want to love and cherish forever. Sometimes we forget all of the memories as they happen so fast or we get caught up in the next big “first” for baby.

Another Dad Blogger, Jonathan from [Dad’s the way I like it](#), has been making monthly posts to capture a number of thoughts depending on his son’s current age in months. I enjoy reading all of his posts, and here is his current post on [12 thoughts from my 12th month as a parent](#).

Inspired by this, I am going to start writing a list of memories as if talking to Avery every month. Like Jonathan, the number of memories will be driven by my daughter’s current age in months.

Today, Avery is 5 months old, and although my list of memories could already span across the U.S., I will limit it to 5.

So, Avery, it’s exciting and scary to think of reading these with you years down the road, but here are 5 of my memories since becoming your father.

1. I remember mommy and me sitting in our living room with the lights off while you slept in your swing every night for about the first 2 months. We usually had the swing turned on and it made the most nerve-wracking “click-click-click” that drove us insane.



Mommy would nurse you to sleep and gently lay you in your swing with a tenderness only she can give. This is when I would be eating dinner and I made sure to tip toe every trip to the kitchen and my heart would stop a second if I made even the tiniest of noises.

2. I remember laying mommy’s breast milk soaked shirt in your crib to get you to [sleep there at first](#). I would tightly wrap your arms in a swaddle in order to keep your arms from thrashing all over which kept you from sleeping.



Mommy and I eventually had to upgrade to the [Woombie](#) and keep your arms down by wrapping a long strip of t-shirt that I cut around you. We did this every night after bath time and most of your daily naps just before you were 4 months.



3. I remember sleeping in with you in the recliner on several occasions during the day and when you woke at night. Mom would usually be the first to try and calm you, but if you were still restless, I would take you to the front room and eventually get you to fall asleep with me in the recliner.



There was one time during a harsh winter storm in February where I had to wrap you in my jacket to keep you warm when our heater went out. But, we still made the most of it and went for a very cold, white walk in the snow.



4. I remember the first time I brought you in the garage to workout with me; you were just over a month. I was scared and worried you would start screaming when I was in the middle of lifting something heavy, but you were great!



I used to depend on your morning naps to get a workout in, but now you come to the garage with me every day and do fine watching meæ!..usually.



Sleeping while daddy works out in the garage

5. I remember mommy and I cheering you on as you [rolled over for the first time](#). Our excitement was even captured on video to show just how proud we were! Even you were excited!



Well Avery, like I said, I could keep going forever, but it has to stop at 5 for this post. No worries though, youâ€™ll be 6 months before any of us know it!

Going Mom and I love you so much, may you have another wonderful month of learning and growing!

Date Created

2014/04/15

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