

Today We Made No Income and Went Shopping

Description

Since yesterday was my last working day and Kelley took one last day before returning to work to be with Avery and me, we both earned nothing. Ironically, we decided to make our rounds for grocery shopping today. But first, we “œhad” to go to Starbucks. Priorities, right?

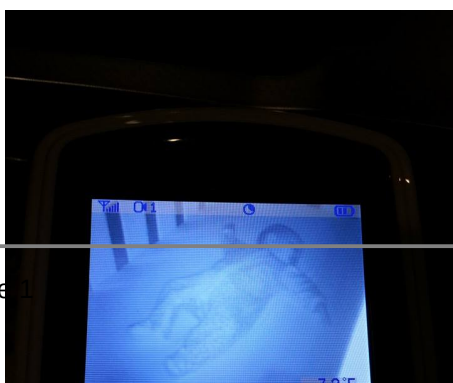
I proudly wore Avery in Central Market and Costco and she was pretty good for the most part. A little fussing, a little sleeping, and a lot of just wide-eyed staring at everything. Coupled with flailing arms and legs along with her constantly turning head. Yeah, those limbs and that head are going full throttle most of the day. I suppose that’s a good thing though!

Despite our new tight budget, we splurged on a nice bottle of Kirkland brand red wine (the really big bottle) to enjoy with some friends who are coming to visit. And, I’ve been thinking about the fresh Brussels sprouts Costco had on my last visit and made sure to grab two bags of those suckers this time. Next to mushrooms, steamed Brussels are my favorite produce.



Like popcorn, only green.

After the store trips and another stop for a refill at Starbucks (hey, it’s free with the card!), we hurried home to feed Avery and put her down for a well overdue nap. After she ate, she started getting pretty cranky and we knew a nap was imminent! I swaddled her and sang random made up songs in a deep voice until she fell asleep, then I sat in our recliner for a little while to make sure she was settled. Kelley put a heating pad and one of her milk-stained shirts in the crib and I attempted to lay her down.



We watch this monitor like
itâ€™s playing â€œBreaking
Badâ€•

This is a huge thing for us as it seems the second she is put down, the eyes shoot open and pretty much have fire in her whites. Basically, weâ€™ve been unsuccessful. But not this time; she slept 3 hours and we (yes, we) had to wake her up! Then it was feeding time and a cold walk after.

The day went by fast as usual, and tomorrow Iâ€™ll officially start my life as a stay-at-home dad. It will be weird with Kelley going to work and me staying home, but I know it will make a better quality of life for us all. I already started to miss her today, when she was still here! We make a great team together, and I never feel whole when sheâ€™s away, so I bet Iâ€™m as nervous as she is.

Hopefully Iâ€™ll have a great update on my first day â€œon the jobâ€• with Avery. Iâ€™m counting on a repeat nap in the crib to allow me to get a workout in and do things around the house.

Any other stay-at-home parents have tips for fitting it all in while answering their babyâ€™s constant needs? Maybe I can just start doing lunges while wearing Avery, but Iâ€™m pretty sure pushups would be ill-advisedâ€¦..

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